Reference


Website references:-

1. En.wikipedia.org/wit ii/emotion
2. E how.wwwehow.com
3. Changing minds.org
4. www.google.co.in.
6. Cornercanyoncounselling.com/pdfs
8. En.wikipedia.org/wiki/attitude_change
9. wwwadaptationlife.com/2/wp.?HealthyEmdoc
10. www.psychologyNotes.HQ.com
16. En.wikipedia.org/wiki/soft_skills
17. En.wikipedia.org/wiki/life_skills-education
18. En.wikipedia.org/wiki/JulianRotter
19. Psychfullerton.edu/jmeans.rotter.html.