LIST OF TABLES

Table 1.1 Length, catchment area and total run off of different rivers in study area
Table 2.1 The distance, elevation and the width of strandlines of Punjavi transect
Table 3.1 The distance, elevation and the width of strandlines of Onakkunnu transect
Table 3.1 Spot height (m), core length (m) and distance from the beach-Onakkunnu and Punjavi transect
Table 3.2 Grain size parameters of sediment samples collected from the coastal plain of Punjavi transect
Table 3.3 Grain size parameters of sediment samples collected from the coastal plain of Onakkunnu transect
Table 3.4 Percentage abundance of heavy minerals in the strand plain, beach, nearshore and river sediments collected from the coastal plain of Punjavi transect
Table 3.5 Percentage abundance of heavy minerals in the strand plain, beach, nearshore and river sediments collected from the coastal plain of Onakkunnu transect
Table 4.1 Details regarding distance from the shore (in km), water depth (in m) and core length (in cm) of core samples collected from the continental shelf area
Table 4.2 Percentage of sand, silt, clay, CaCO₃ and organic matter from the continental shelf of Punjavi transect
Table 4.3 Percentage of sand, silt, clay, CaCO₃ and organic matter from the continental shelf of Onakkunnu transect
Table 5.1 Results of radio-carbon dating