Though much has been written on Indian Ocean Politics yet a study of the recent trends - their origin and growth is still the need of the day. Indian Ocean is very vital for the littoral and hinterland states, hence, for the regional countries, it is very necessary to keep watch on the events in the area, which had been a victim of Super Powers politics earlier and now Sole Power politics is eating up the vitality of the region which is very rich from the point of view of natural resources but its people are poor and backward because of exploitation by big non-regional powers and also because of intra-regional differences and conflicts. It is also remarkable that a large number of the littoral states of the area are non-aligned. Hence to understand the problems of these states, objective & regional study is necessary. And with this view in mind the present research was taken up. Since the approval of the detailed synopsis of the work by the University, events of much importance have occurred in the regional and international politics. Hence full justice may not have been done to them in the present thesis. This is due to my adherence to the synopsis.

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((VIJAI PAL)
Lecturer in Political Science
Akbarpur Degree College,
Akbarpur, Kanpur-Dehat

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