CHAPTER - 1 : INTRODUCTION

Problem
State of the Art (review) and theoretical concept
Mental Retardation
Association with other Types of problem
Classification of mental Retardation
The effect of child's mental retardation on parents

Stress
Types of Stress
Physical
Emotional
Psychological
Theories of Stress
Psychoanalytic theory
Behavioural theory
Cognitive theory
Component of stress
CHAPTER 2:

Frustration
Conflict
Pressure

Marital Adjustment
Factors of lead to marriage failure happy and successful
Some common areas of conflict

Self Perception

Objectives

Variables

Hypothesis

Hypothesis related to stress
Hypothesis related to marital adjustment
Hypothesis related to Self perception

METHOD

Sample

Selection of sample and control of variables

Measures

Stress

Marital adjustment

Self-perception

Procedure

Analysis of Data

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CHAPTER 3: RESULTS

Means and S.Ds
Analysis OF Variance
Main effects
Normal and mentally retarded children
Male and female
High and Low socioeconomic status
Interaction effects
Stress
Marital Adjustment
Self perception

CHAPTER 4: DISCUSSION

Stress
Marital adjustment
Self perception
Mothers of mentally retarded children
Conclusion
Utility
Limitation
Suggestion

REFERENCES

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