

## ACKNOWLEDGEMENT

This thesis is the accumulate outcome of constant guidance, close supervision and hard work and in this effort overflowing with gratitude, I wish to acknowledge all those who have contributed in the completion of this thesis.

First of all I am indebted from the core of my heart to the ultimate reality of the universe, the “**god almighty**” for being the real guiding light throughout my study.

I am unable to find appropriate words to convey my profound sense of gratitude and deep rooted feeling thankfulness to **Prof.Chitra Purohit, President Banasthali Vidyapith** and **Prof. Aditya Shastri, Vice chancellor, Banasthali Vidyapith** for giving me an opportunity to pursue this research work and providing the necessary help.

I express my profound sense of gratitude and indebtedness to my guide **Dr.charu vyas** for her competent guidance with constructive suggestions and criticism during the course of my investigation. I owe a lot of thanks to **Dr. Indu Bansal, Dean Faculty of Home Science, Banasthali Vidyapith** for her valuable ideas, active cooperation and sustained support during the tenure of my study.

My deepest gratitude goes to my father **Mr. D.P Sharma** for laying educational foundation and encouraging me during my tough times. My heartfelt thanks to my mother **Mrs. Bharti Sharma** for upbringing me with care and affection and being a helping hand in my research work. I am highly thankful to my elder brother **Lokesh**, sister-in- law **Swati** , younger sister **Reetika** , and my nephew **Shivay**.

Last but by no means least, special thanks are offered to my loving friends **Kavita di, Akshita, Garima, Roopam** for their constant encouragement, help, moral support and feasible cooperation during the entire study. Thank you very much my dear friends.