

# APPENDIX

## Study habit inventory

Name ..... gender ..... class .....

Name of the school ..... type of school- government/private school

Number of sibling ..... ordinal position 

1	2	3	4
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father education ..... Mother education .....

family monthly income ..... type of family- nuclear/ joint family

Category	Marks/Grade obtained in previous two classes		Maximum marks/ Grades
Math			
Science			
Social studies			
English language			
Grand Total			

### I- Study habit

#### Instructions

In this questionnaire different statement has been given which are related to study habits. Read each statement carefully and draw a sign of right in the square of at all time, most of the time, sometime, never (only one) which best describe your decision. Do not leave any statement unanswered please response to all statement.

#### A. Time management

1. I do my work in order of their importance  
 At all time    Most of the time    Sometime    Never
2. I prepare list of everyday work.  
 At all time    Most of the time    Sometime    Never
3. I give sufficient study time to each of my subjects.  
 At all time    Most of the time    Sometime    Never
4. I spend more time on difficult subjects.  
 At all time    most of the time    sometime    Never
5. I avoid activities which tend to interfere with my study plan.  
 At all time    Most of the time    Sometime    Never

**B. Concentration**

6. I find that day dreaming distract my attention while studying.  
 At all time    Most of the time    sometime    Never
7. I work for 50 minutes and then take 10 minutes break.  
 At all time    Most of the time    Sometime    Never
8. I need to improve my concentration when I am studying.  
 At all time    Most of the time    Sometime    Never
9. I focus well when studying.  
 At all time    Most of the time    Sometime    Never
10. I feel sleepy and drowsy whenever I want to study.  
 At all time    Most of the time    Sometime    Never

11. I can only study when a place is completely silent.

At all time     Most of the time     Sometime     Never

12. I rarely try to study without the radio or TV turned on.

At all time     Most of the time     Sometime     Never

13. I listen attentively in class.

At all time     Most of the time     Sometime     Never

### C. Study techniques

14. I make my own notes when I study.

At all time     Most of the time     Sometime     Never

15. I read the textbook chapter more than once

At all time     Most of the time     Sometime     Never

16. I highlight words or sentences that seem to be important.

At all time     Most of the time     Sometime     Never

17. I take down notes during the discussion in the class.

At all time     Most of the time     Sometime     Never

18. I need help when my lessons are difficult.

At all time     Most of the time     Sometime     Never

19. I try to get the meaning of new term while studying.

At all time     Most of the time     Sometime     Never

20. After taking notes, I review them before going on to something else.

At all time     Most of the time     Sometime     Never

21. I explore about new topic before my teacher start teaching.

At all time     Most of the time     Sometime     Never

22. I refer other resources (i.e books, internet) to find example related to the topics.

At all time     Most of the time     Sometime     Never

#### **D. Exam preparation**

23. I feel confident in my study pattern.

At all time     Most of the time     Sometime     Never

24. I begin to learn for an exam from the first day of class.

At all time     Most of the time     Sometime     Never

25. I know what to study for an exam.

At all time     Most of the time     Sometime     Never

26. I feel nervous in exams.

At all time     Most of the time     Sometime     Never

27. I can easily identify what I have learned and what I have not yet learned before the exam.

At all time     Most of the time     Sometime     Never

28. I study more on those subjects in which I face more difficulty before an exam.

At all time     Most of the time     Sometime     Never

### **E. Parental involvement**

29. My parents attend my PTM regularly.

At all time     Most of the time     Sometime     Never

30. My parents help me in my studies whenever I require.

At all time     Most of the time     Sometime     Never

31. My parents set time in reference to subject and their content for studies.

At all time     Most of the time     Sometime     Never

32. My parents motivate me to study well.

At all time     Most of the time     Sometime     Never

33. My parents pay attention to my question if I have difficulties in making my assignment.

At all time     Most of the time     Sometime     Never

34. My parents give more attention to my studies.

At all time     Most of the time     Sometime     Never

### **F. Teacher involvement**

35. My teacher share techniques and strategies how to be good in studies.

At all time     Most of the time     Sometime     Never

36. My teacher encourages me to do well in class.

At all time     Most of the time     Sometime     Never

37. My teacher uses different teaching aids so that they can try to make things more clear.

At all time     Most of the time     Sometime     Never

38. My teachers have good communication with all the students of the class.

At all time     Most of the time     Sometime     Never

39. My teachers avoid me, whenever I ask question regarding the subjects.

At all time     Most of the time     Sometime     Never

40. My teachers daily check my homework.

All all time     most of the time     Sometime     Never

## II- Factor affecting study habits

### A- Personal

1- Do you have fear of failure in exam.

At all time     Most of the time     Sometime     Never

2- Do you motivate yourself regarding the studies.

At all time     Most of the time     Sometime     Never

3- Do you forget things after learning.

At all time     Most of the time     Sometime     Never

4- Do you feel tiredness/ boredom while studying in a short period of time.

At all time     Most of the time     Sometime     Never

5- Do you have self- confidence regarding the capabilities of yourself.

At all time     Most of the time     Sometime     Never

6- Do you know how to balance between studies and other activities.

At all time     Most of the time     Sometime     Never

7- Do you have a clear vision about your future.

At all time     Most of the time     Sometime     Never

8- Do you know in which subject you can perform best.

At all time     Most of the time     Sometime     Never

### **B- Family**

9- Your parents are always by your side when you need help in studies.

At all time     Most of the time     Sometime     Never

10- Do your parents provide peaceful environment for the studies.

At all time     Most of the time     Sometime     Never

11- Does your elder brother/sister help in your studies.

At all time     Most of the time     Sometime     Never

12- Do your parents provide you sufficient study material in the form of books, magazine, and educational games.

At all time     Most of the time     Sometime     Never

13- Do you have a separate study room / place in your home.

At all time     Most of the time     Sometime     Never

14- Do you have proper light, ventilation facility while studying.

At all time     Most of the time     Sometime     Never

15- Do you have a mini library or collection of books in your home.

At all time     Most of the time     Sometime     Never

**C- school environment**

16- Your teachers reward/encourage you when you perform well in school.

At all time     Most of the time     Sometime     Never

17- In your school, teacher takes the internal exam frequently.

At all time     Most of the time     Sometime     Never

18- Do your teacher mark and revise assignment on time.

At all time     Most of the time     Sometime     Never

19- In your school there is strict environment regarding the studies.

At all time     Most of the time     Sometime     Never

20- Your school library has adequate and relevant books.

At all time     Most of the time     Sometime     Never

21- In your school, reading in library is compulsory.

At all time     Most of the time     Sometime     Never

22- Does your teacher inspire you to learn at home whatever is taught in the class.

At all time     Most of the time     Sometime     Never

23- In your school do you have proper spacious classroom.

At all time     Most of the time     Sometime     Never

**D- Peer group**

24- Do your friends study in a group after the class.



At all time     Most of the time     Sometime     Never

25- Do your friends help you while making the notes.

At all time     Most of the time     Sometime     Never

26- Do your friends motivate you for getting the good grade.

At all time     Most of the time     Sometime     Never

27- Do your friends affect your academic work positively.

At all time     Most of the time     Sometime     Never

28- Do your friends help in studies while you are not attending the class.

At all time     Most of the time     Sometime     Never

29- Do you imitate your friends to read novels /comics/play games while lesson are going on in the class.

At all time     Most of the time     Sometime     Never

30- Do you miss/bunk classes sometime in order to be with friends

At all time     Most of the time     Sometime     Never

31- Do your friends distract/disturb you when you are studying at home.

At all time     Most of the time     Sometime     Never

### **III- techniques used for studying different subjects**

#### **A. Math subject**

1. Do you clarify your doubt whenever you don't understand things.

At all time     Most of the time     Sometime     Never

2. Do you check the answer after completing the question.

At all time     Most of the time     Sometime     Never

3. Do you practice more when you get wrong answer.

At all time     Most of the time     Sometime     Never

4. Do you practice things over and over until you get right answer.

At all time     Most of the time     Sometime     Never

5. Do you consult your math teacher when you have missed the lecture or class.

At all time     Most of the time     Sometime     Never

6. Do you work on fraction and decimals.

At all time     Most of the time     Sometime     Never

7. Do you memorize formulas and procedure.

At all time     Most of the time     Sometime     Never

8. Do you have own procedure for solving complex problem.

At all time     Most of the time     Sometime     Never

9. Do you work on math problem with other students during class time.

At all time     Most of the time     Sometime     Never

10. Can you add or subtract without any help.

At all time     Most of the time     Sometime     Never

11. Do you try to learn through various games and activities.

At all time     Most of the time     Sometime     Never

12. Do you learn tables by heart.

At all time     Most of the time     Sometime     Never

13. Do you read instruction before solving the math question.

At all time     Most of the time     Sometime     Never

### **B. Science subject**

14. When science activities are too difficult, I give up or only do the easy part.

At all time     Most of the time     Sometime     Never

15. I memorize science facts and principle through rote learning.

At all time     Most of the time     Sometime     Never

16. I use scientific formulas and law to solve problem.

At all time     Most of the time     Sometime     Never

17. When I do not understand a science concept, I would discuss with teacher or other students to clarify my doubts.

At all time     Most of the time     Sometime     Never

18. I learn science better when I do experiment.

At all time     Most of the time     Sometime     Never

19. During science activities, I prefer to ask other people for the answer rather than think for myself.

At all time     Most of the time     Sometime     Never

20. I would prefer to do my own experiment than to find out information from a teacher.

At all time     Most of the time     Sometime     Never

21. I prefer watching science programmes on T.V  
 At all time  Most of the time  Sometime  Never

22. When I learning new science concept, I connect them to my previous experiences.  
 At all time  Most of the time  Sometime  Never

23. I work in small group on an experiment.  
 At all time  Most of the time  Sometime  Never

24. I learn through formula chart by pasting them in my study room.  
 At all time  Most of the time  Sometime  Never

### C. Social studies subject

25. Do you more understand about geography through maps.  
 At all time  Most of the time  Sometime  Never

26. Do you make a chart to learn the date of events.  
 At all time  Most of the time  Sometime  Never

27. Do you practice long answers in social studies.  
 At all time  Most of the time  Sometime  Never

28. Do you highlight the word or sentences to learn historical events.  
 At all time  Most of the time  Sometime  Never

29. Do you learn events dates by heart.  
 At all time  Most of the time  Sometime  Never

**D. English subject**

30. Do you read English newspaper.

At all time     Most of the time     Sometime     Never

31. Do you make notes of new vocabulary.

At all time     Most of the time     Sometime     Never

32. Do you find the meaning of new words from the dictionary.

At all time     Most of the time     Sometime     Never

33. Do you read novels during your free time.

At all time     Most of the time     Sometime     Never

34. Do you communicate in English with your parents and friends.

At all time     Most of the time     Sometime     Never

35. Do you practice grammar exercise.

At all time     Most of the time     Sometime     Never

36. Do you watch movies in English.

At all time     Most of the time     Sometime     Never

37. Do you solve cross words in English.

At all time     Most of the time     Sometime     Never

38. Do you practice pronunciation of new English words.

At all time     Most of the time     Sometime     Never

## Students' study habits questionnaire

### I- Study habits

- 1- Which time of day you do most of the study.....  
.....
- 2- Where is your favorite place for study.....  
.....
- 3- Which type of study techniques you are using.....  
.....
- 4- When you study best.....  
.....
- 5- How far in advance do you start studying for an exam.....  
.....
- 6- How much time do you spend on studies before an exam.....  
.....

### II-Factor affecting study habits

1. Discuss all those factors which affect your study habits.....

.....  
.....

**III- practices used for studying different subject**

**Give your personal view point and in your own way**

1- Suggest best techniques for improving math.....

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2- Give best method for studying science

.....  
.....

3- Suggest best techniques for improving English language.....

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4- Suggest techniques for studying social studies

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