**ABSTRACT**

Athletes aim of the study is to assess the nutrition of your information, which includes male and female students representing their respective universities for athletes of various sports and games India. Sample of physical education teachers. Five such as athletics, football, volleyball, basketball and handball was 253 and for the purpose of information such as the total number of athletes were collected from different teams. Players from various universities in India.

Indian team coach and coach of Maharashtra Sports Council, which is working under and they like football, Volleyball, Athletics, basketball and hockey, as was the total number of 79 were from the Sports Authority of different disciplines. Including physical education teachers work in various colleges affiliated to various universities physical education teachers. 271 physical education teachers from universities for the purpose of studies have been done.