ABSTRACT

The rising cut throat competition which results in a rat race to achieve material success in the field of education as well as economic life has made man mechanical. This can be easily visible in terms of distrust, lack of honour for human values, lack of fellow feeling, apathy towards nature and loss of consciousness leading to maladjustment in personal and social life and finally leads to drug addiction, suicide and even many other such evils among students. Though every nation seems worried about erosion of values yet no serious step has been taken by any of the nations for the restoration of values. Even, the higher education system is oriented towards giving skills and knowledge that would make every student a saleable product and nothing else. This boils down to protecting and developing the deeply rooted values in the society through the help of education system of the nation. Value based education make one's life and fellows meaningful and lively. The purpose of education is self-affirmation and not self-negation. The need is to restore and reframe those values which can be fitted in present society as the burning issues of any society concentrates on the essential values which can be inculcated through education. The value based education aims to create awareness among students about personal value, social values, moral values, environmental values, spiritual values and about the great knowledge of Indian and global culture. In this context, the present study determined the impact of value based education on the student’s holistic personality development, academic performance and managing the academic stress. It also analyses the models and programs in promoting value based education and the socio-economic constraints while implementing the value based education programmes. It also explores various stress buster ingredients of value oriented education in coping with academic stress and professional stress. Data has been analysed by various analytical tool such as Correlation, Regression and System Dynamics (Causal-Loop). Different generic and specific recommendations are also included in the study. Additionally, the future scope of decision-making is backed by running System dynamics simulation using primary data.