ACKNOWLEDGEMENT

Everyone aspires to rise in life and want to prove fruitful to oneself, one’s family and to the society as a whole. But without proper guidance and support it seems to be a mere dream. But I feel myself fortunate and privileged as I got inspiration, support and proper guidance to realize my dreams. In this process I am deeply beholden to my Supervisor and Guru Dr. N. K. Nagaich, Head Department of Psychology, Govt. K.R.G. Autonomous P.G. College, Gwalior (M.P.). It can be unhesitatingly said that this work is the result of his generosity and his blessings. He has always given me guidance and encouraged me in my endeavor. I will cherish the memory of his philanthropic gesture throughout my life.

I also feel sincerely thankful to Ms. Neera Shrivastava, Head Department of Psychology Vijayaraje Govt. Girls Post Graduate College Morar, Gwalior (M.P.) who has guided me and provided me valuable suggestions.

I would also like to express my sincere gratitude to Dr. Anita Tiwari, Head Department of psychology, Maharani Laxmibai College of Excellence, Gwalior (M.P), who has encouraged me to accomplish the desired task.

I would also like to extend my thanks to Dr. R. S. Kushwaha (Govt. K.R.G. Autonomous P.G. College, Gwalior), Dr. Kalpna Bhargav (Ramakrishna Mission), Ms. Deepa Banerji (Ramakrishna Mission), Swami Sarvatmanand (Dev-Prayag, Sharda Matth), Bahan B.K.Chetna (Raj-Yoga), Father D. K. Lakhra (U.C.N.I. Charch ,Morar), Sister Ms. Anita Hardatt (U.C.N.I. Charch, Marsehome), Ms. Deepshikha Majeji (Sahaj-Yog), Mr. Pradeep Majeji (Sahaj-Yog), Mahatma Sudha Baiji (Vibhu Ashram), Ms. Savita Jain, Dr. Anil Sarodey (Vivekanand Nedam), Mr. V. K. Mututhkar (Vivekanand Nedam), Mahesh Chakra Pana (Vivekanand Nedam), Hafiz Fateh Muhammad Sahib, Hafiz Omar Khayyam , and Shree Umesh Singh for their timely help and contribution. Thanks are due to the all the professional’s and their organizations mentioned and doubtless to many others who remained unmentioned in this study.
I am greatly indebted to my mother Ms. Pushpa Awasthi and father, Dr. S. K. Awasthi, Ph.D. (BHU), whose inspiration helped me to achieve my aims. I would also like to grasp the opportunity and pay my thanks to my brother Mr. Hariom Awasthi and all the members of my supportive family and for their continuous encouragement and support which gave me strength to accomplish this great task.

My thanks are due to my friend Dr. Vimlesh Singh and Ms. Monika Vishwakarma for the support they provided me to complete my project. I would express my thankfulness to the librarians and staff of Jiwaji University, Gwalior.

I have tried my best to dive deep into the ocean of knowledge yet I do not claim having been able to touch the depth up to the utmost limits of the topic under study. I have consulted the related works unsparingly and have quoted wherever necessary. I shall take my task to be accomplished if this work comes up to the expectations of research scholars.

I have tried my best to cover the scope of my topic under study to the very last effort and do hope that a reading of it will not count to the displeasure of the readers.

SHUBHAGATA AWASTHI