This study presents an analysis of the dilemmas faced by the single women of Kerala. Singlehood is a multidimensional phenomenon. It is the aim of the study to identify the factors that pushed or pulled the women of Kerala to singlehood. Single women of two generations are studied in order to understand their common as well as unique problems. A major purpose of the study is to find out the level of adjustment of single women and the problems they encounter. The study also examines the stress level of single women and tries to find out whether there is generation difference. The study also focuses on the support system and the level of life satisfaction in the life of single women.

The findings contribute to an understanding of the realities of the life of single women in two generations and also highlight the necessity of social policies in facilitating favourable atmosphere for these single women. It is to be expected that national and regional governments will develop better policies to promote the status of single women in our society. And also hope that the public as well as families of single women will develop a new perspective towards single women, so that they can live freely without any ‘stigma’.

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