ACKNOWLEDGEMENT

The research scholar wishes to extend his sincere gratitude to the Research Degree Committee for giving him the opportunity to undertake this study.

The research scholar wishes to record his sincere gratitude to Major Gen. S.N. Mukerjee, Vice-Chancellor, Lakshmibai National University of Physical Education (Deemed University), Gwalior for his sincere cooperation and help in the formulation and completion of the study.

A deep sense of gratitude is expressed for all the interest shown, suggestions and encouragement offered, to Prof. S. Mukherjee, Advisor of Lakshmibai National University of Physical Education (Deemed University), Gwalior, M.P. in successful completion of this study.

Heartfelt thanks to Prof. R.N. Dey, H.O.D., Department of Research Development and Advanced Studies, Prof. L.N. Sarkar (Registrar), Prof. Vivek Pandey, Dr. G.D. Ghai, Dr. B. Basumatary (Associate Professor), Lakshmibai National University of Physical Education, Gwalior, M.P. Dr. S.K. Ganguly, former Principal Kaivalyadhama, Lonavla, Dr. Sanjeev Yadav, Asst. Professor, V.B. College, Jhansi, Dr. Binayak Kumar Dubey, Asst. Professor, Sakaldiha Post Graduate College, Sakaldiha, Chandauli for their valuable suggestions and incredible support during the course of this study.
Acknowledgement (Contd..)

The scholar has a deep sense of appreciation to Dr. R. C. Mishra (Asst. Director, Higher Education U.P), Dr. K. N. Mishra (Reader, HNB Govt. PG College, Naini), Mr. Hasbeen Ahamad, Mr. Ravindra Mishra, Dr. Pramod Pandey, Mr. Santosh Shukla, Mr. Brejesh Soni, Mr. Malay Mangal, Mr. Sanjeev Kumar, Mr. Kamal Bakshi & Kallol chatterjee for their willingness, enthusiasm and whole hearted cooperation in the collection of data.

Grateful thanks to the Library Staff of the Lakshmibai National University of Physical Education, Gwalior for their timely help and cooperation in completion of this study.

Special recognition and sincere thanks are extended to my wife Mrs. Rupam and sons Avtansh and Animesh who been a repeated source of inspiration and provided me enough time to complete this research work.

Above all, I owe my research work to the members of my family who have been a repeated source of inspiration and directed me with enthusiasm and moral support to undertake and complete this doctoral study.

Lastly, warm appreciation to all those who had been a repeated source of inspiration ever since and directed me with enthusiasm, support and sheer innovations to undertake and complete this study.

B.S.