



## Teaching Experiences

- Worked as an Assistant Professor in Physical Education in A.P.T.T College, Suroth, Kota University from July 2007 to August 2008.
- Worked as an Assistant Professor in Physical Education in V.S.S.D, P.G College, Kanpur from August 2007 to August 2011.
- Presently working as a Physical Training Instructor, IIT Kharagpur from 8<sup>th</sup> Aug 2011 to till date.

## Sports Participations

No	Competition	Place	Year	Position
1	Inter University Hockey Tournament	Nagpur	2005	Participation
2	All India University Hockey Tournament	Kolkata	2004	Participation
3	Inter University West zone Hockey Tournament	Jaipur	2003	3rd Place
4	All India University Hockey Tournament	Meerut	2003	Participation
5	Inter University (West zone) Hockey Tournament	Mumbai	2002	3rd Place
6	All India University Hockey Tournament	Gwalior	2001	Participation
7	Inter University (West zone) Hockey Tournament	Gwalior	2001	3rd Place
8	Junior National Hockey Tournament	Hyderabad	2001	Participation
9	29 <sup>th</sup> Nehru Junior Hockey Tournament	Delhi	1999-2000	Participation

10	<b>33<sup>rd</sup> All India Sardar Mohan Singh</b> Hockey Tournament	Delhi	1999	Participation
11	<b>28<sup>th</sup> Nehru Junior</b> Hockey Tournament	Delhi	1998-1999	Participation
12	<b>School Games Federation of India (S G F I)</b>	Delhi	1998	Participation
13	<b>32<sup>nd</sup> All India Sardar Mohan Singh</b> Hockey Tournament	Delhi	1998	Participation
14	<b>All India K.D. Singh Babu</b> Hockey Tournament	Lucknow		1 <sup>st</sup> Place

#### **Professional Experience:**

- Presented a paper on Titled “Chak De Learning Values of Sports Through the Flims” at Waymade College of Education & S.S.Patel College of Physical Education, Vallabh Vidyanagar, Gujrat, India From 2<sup>nd</sup> & 3<sup>rd</sup> November 2007.
- Presented a paper on Titled “Survey of Personality Factor and Job Stress in High and Low Burn Out Groups of Female Physical Education Teacher” at Vikaramajeet Singh Sanatan Dharam College, Kanpur From 12<sup>th</sup> & 13<sup>th</sup> March 2011.