DEDICATION

*aum sri paramaatmane namaha*

*paramaatma samaarambham. moola rishir madhyamaam*

*asmad aachaarya paryantaam. vande guru paramparaam*

*sarve bhavantu sukhinaha*

*sarve santu niraamayaaha*

*sarve bhadraani pashyantu*

*maa kaschid dukkha baagbhavet*

*aum shanti shanti shantihi*

May all be happy
May all be healthy
May all perceptions be auspicious
May none ever suffer
May peace prevail always and everywhere
INVOCATION

*aum sahana vavatu sahanau bhunaktu sahaveeryankara vavahai*
*tejas vinavadi tamastu ma vidvi shavahai aum shanti shanti shantihi*

May we together feel secure; may we together be nourished; may we together be empowered; may our knowledge grow together; may we never antagonize each other. May peace prevail always and everywhere.

*abahu purusha karam shanka chakrasi dharinam*
*sahasra shirasam shwetam pranamami patanjali*

Having the form of the absolute-consciousness; holding, as it were, the conch (of contemplation), the discus (of discrimination); shining under the thousand-headed serpent *adishesha* (of enlightened wisdom), to that incarnation, Patanjali, I pray.

*yogena chittasya padena vacha*
*malam shareersya cha vaidyakena*
*yopakarot tum pravaram muninam*
*patanjalim pranjalim ranatosmi*

Of consciousness through yoga, of speech through linguistics and of the being through medicine, one who removed all ignorance, I bow in reverence to that ancient sage Patanjali.