

Mrs. D. UMA MAHESWARI,
Reg. No. 275
Ph.D Scholar (Part Time)
Department of Yoga,
Tamil Nadu Physical Education and Sports University,
Chennai - 127

DECLARATION BY THE SCHOLAR

I, **D.UMA MAHESWARI** student of Doctor of Philosophy in Yoga, Department of Yoga hereby declare that the dissertation entitled “**EFFECT ON HATHA YOGIC SADHANA WITH AND WITHOUT DIET COUNSELING ON SELECTED SOCIO-ENVIRONMENTAL AND CLINICAL FACTORS AMONG OBESE CHILDREN**” submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Yoga is my original work and it has not previously formed the basis for the award of any degree, diploma, associate ship, fellowship or any other similar titles to any candidate of any University.

Date :

Station: Chennai

(Mrs. D. UMA MAHESWARI)

Reg. No. 257