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DECLARATION

I hereby declare that the thesis entitled “EFFECTS OF CIRCUIT RESISTANCE TRAINING AND SUPER CIRCUIT RESISTANCE TRAINING ON SELECTED MOTOR FITNESS VARIABLES AMONG COLLEGE FOOTBALL PLAYERS”, submitted to Tamilnadu Physical Education and Sports University, Chennai for the degree of DOCTOR OF PHILOSOPHY in Physical Education is my original research work done under the supervision and guidance of Dr. D.MANIAZHAGU, Assistant Professor, Department of Physical Education and Health Sciences, and that it has not previously formed the basis for the award of any degree, diploma associateship, fellowship or any other similar title in any university / institution in India or abroad.

Place : KURIAN ABRAHAM
Date:

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