LIST OF ABBREVIATED TERMS

- **A.Flex** = Ankle Flexibility
- **ANS** = Autonomic Nervous System
- **‘B’** = Bharatnatyam
- **B.Knee** = Bent Knee
- **B.P.** = Blood Pressure
- **Bal.** = Balance
- **Bpm** = Beat per minute
- **‘C’** = Creative
- **cm.** = Centimeter
- **CNS** = Central Nervous System
- **DAM** = Dance Achievement Motivation
- **Deg.** = Degree
- **DI** = Direct Items
- **EMG** = Electromyogram
- **Fig.** = Figure
- **Flex.** = Flexibility
- **GSR** = Galvanic Skin Response
- **Ht.** = Height
- **Inch** = Inches
- **‘K’** = Kathak
- **K.ohm** = Kilo Ohm
- **Kg** = Kilogram
- **L B.M.** = Lean Body Mass
- **lit/min.** = Liter per minute
- **M.P.-ups** = Modified Push-ups
- M Volt. = Millivolt
- min. = Minute
- ml. = Millimeter
- mls. = Milliseconds
- Mn. = Minute
- No. = Number
- Nos. = Numbers
- PNS = Peripheral Nervous System
- RHR = Resting Heart Rate
- RI = Reverse Items
- RT = Reaction Time
- S D. = Standard Deviation
- S -ups = Sit-ups
- SA = State Anxiety
- SC = Skin Conductance
- Sec. = Seconds
- SRT = Simple Reaction Time
- T.A. = Trait Anxiety
- VO2 max. = Maximum Oxygen Consumption
- Wt. = Weight
- Yrs. = Years