ACKNOWLEDGEMENT

The investigator expresses his sincere gratitude and heartfelt thanks to his Research Supervisor, Dr. C. VENKATESH Chairman, Department of studies in Physical Education and Sports Sciences, University of Mysore, Mysuru, for his expert and efficient guidance and valuable suggestions for the successful completion of the study.

The investigator expresses his heartfelt thanks to Prof. M. CHANDRAKUMAR, Visiting Professor Department of studies in Physical Education and Sports Sciences, University of Mysore, Mysuru for his Valuable Guidance.

The investigator wish to thank his beloved teachers Sri. THIRUMALAI GOPALAN and Dr. S. MADIALGAN, Associate Professor, Department of Studies in Physical Education and Sports Sciences, University of Mysore, Mysuru for their encouragement to during the course of research work.

The investigator is highly indebted to Dr. LANCY D'SOUZA, Associate Professor, Department of Psychology, Maharaja College, University of Mysore, and Mysuru for the interpretation and analysis of data.

The investigator is highly indebted to his late grandmother Smt. PUTTAMMA because of whose endowers the researcher has been placed in this position of doing doctoral work, this thesis is a submission to the departed great soul.

The investigator is highly indebted to all the Coaches, Physical Education Directors and Subject experts, all the Players of Basketball and Volleyball game, who were subjects for the present study and who co-operated willingly and whole heartedly with me and for having voluntarily accepted to be the subjects for the study.

The investigator wishes to thank all his family members, relatives, friends, colleagues, who directly and indirectly supported him during the course of this research work.

The investigator is highly indebted to Mr. Madhu proprietor of Madhu Computers, Mysuru for bringing the thesis into this format.

PASHUPATHI