HYPOTHESES

Based on the review of literature, following hypotheses were formulated:

A. Correlates
   1. Subjective Well-being and Correlates
      1.1. Subjective Well-being was expected to be positively related to Gratitude, Forgiveness and it’s dimensions (Total Affect Forgiveness, Total Behavior Forgiveness, Total Cognition Forgiveness, Total Forgiveness), Mindfulness, Optimism, Self-esteem, Parental Bonding and it’s Care dimensions (Perceived Mother Care, Perceived Father Care) among adolescents.
      1.2. Subjective Well-being was expected to be negatively related to Parental Bonding and it’s Control dimensions (Perceived Mother Over-Protection, Perceived Father Over-Protection), Perceived Stress, Difficulties with Emotion Regulation and it’s components (Non-acceptance of Emotional Responses, Goal Difficulties, Impulse Difficulties, Awareness Difficulties, Strategies Difficulties, Clarity Difficulties, Total Difficulties with Emotion Regulation), Aggression and it’s components (Physical Aggression, Verbal Aggression, Anger, Hostility, Total Aggression) among adolescents.
   2. Psychological Well-being and Correlates
      2.1. Total Psychological Well-being and it’s components (Autonomy, Environmental Mastery, Personal Growth, Positive Relations with Others, Purpose in Life, Self-Acceptance) were expected to be positively related to Gratitude, Forgiveness and it’s dimensions (Total Affect Forgiveness, Total Behavior Forgiveness, Total Cognition Forgiveness, Total Forgiveness), Mindfulness, Optimism, Self-esteem, Parental Bonding and it’s Care dimensions (Perceived Mother Care, Perceived Father Care) among adolescents.
      2.2. Total Psychological Well-being and it’s components (Autonomy, Environmental Mastery, Personal Growth, Positive Relations with Others, Purpose in Life, Self-Acceptance) were expected to be negatively related
Hypotheses

to **Parental Bonding and it’s Control dimensions** (Perceived Mother Over-Protection, Perceived Father Over-Protection), Perceived Stress, **Difficulties with Emotion Regulation and it’s components** (Non-acceptance of Emotional Responses, Goal Difficulties, Impulse Difficulties, Awareness Difficulties, Strategies Difficulties, Clarity Difficulties, Total Difficulties with Emotion Regulation), **Aggression and it’s components** (Physical Aggression, Verbal Aggression, Anger, Hostility, Total Aggression) among adolescents.

3. **Quality of life and Correlates**
   3.1. **Total Quality of Life and it’s components** (Physical Quality of Life, Psychological Quality of Life, Social Quality of Life, Environmental Quality of Life) were expected to be positively related to Gratitude, **Forgiveness and it’s dimensions** (Total Affect Forgiveness, Total Behavior Forgiveness, Total Cognition Forgiveness, Total Forgiveness), Mindfulness, Optimism, Self-esteem, **Parental Bonding and it’s Care dimensions** (Perceived Mother Care, Perceived Father Care) among adolescents.

   3.2. **Total Quality of Life and it’s components** (Physical Quality of Life, Psychological Quality of Life, Social Quality of Life, Environmental Quality of Life) were expected to be negatively related to **Parental Bonding and it’s Control dimensions** (Perceived Mother Over-Protection, Perceived Father Over-Protection), Perceived Stress, **Difficulties with Emotion Regulation and it’s components** (Non-acceptance of Emotional Responses, Goal Difficulties, Impulse Difficulties, Awareness Difficulties, Strategies Difficulties, Clarity Difficulties, Total Difficulties with Emotion Regulation), **Aggression and it’s components** (Physical Aggression, Verbal Aggression, Anger, Hostility, Total Aggression) among adolescents.

4. **Gender Differences**

   4.1 Gender differences were expected on measures of well-being and their correlates.