PREFACE

The present research was undertaken with the purpose of creating an awareness among parents about the causes, mainly their own role and the role of other family factors, causing enuresis among children. Another equally important purpose was to provide them an intervention package of Behaviour Modification techniques which can be conveniently applied in home/family setting under the guidance of clinical psychologist, thus eradicating the need of hospital setting.

Chapter I deals with a brief introduction of the word enuresis, it's prevalence, causes, consequences, the diagnostic criteria, and various interventions used for it's modification.

The second chapter throws light on various investigations related to the prevalence, causes, consequences, and treatment of enuretic behaviour. A brief review of related literature is presented.

The third chapter deals with the research methodology of the present research. The study is conducted in two parts: Part ‘A’ deals with the analysis of causes of enuretic behaviour among children, and Part ‘B’ deals with the modification of enuretic behaviour. An effort is made to study the relative efficacy of pharmacotherapy alone,
Behaviour modification techniques alone, and combined use of both these, in the modification of enuretic behaviour.

Chapter IV deals with the scoring and analysis of data gathered in Part 'A' as well as Part 'B' of the study. Statistical analysis of data has been described.

In chapter V, the results of the study are discussed in the light of the results of previous research.

In chapter VI, conclusions on the basis of the results of the study are presented. Limitations of the study and suggestions for further research are also given.

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