


20. Chinmayananda, S. Managerial Effectiveness from the Perspectives of Bhagwadgita. 2003, retrieved from www.slideshare.net/narendraborhade/bhagwadgita


39. Hefti, Rene (2011), Integration of Religion and Spirituality into Therapy


41. Jain & Sisodiya, Effect on meditation on emotional maturity


46. Klerk, J.J(2005), spirituality, meaning in life, and work


56. Ndukwe, Sonia (2014), beliefs about religion and Spirituality among substance abuse counselors


59. Painadathi S. A Culture of Competition or Compassion? Gita’s relevance from: http://www.swaraj.org/shikshantar/meetingrivers_compassion.htm

60. Pandey & Ashwini, Effects of Ashram Life on Emotional States of the residents


63. Paranjpe, & A. K. Dalal (Eds.), Handbook of Indian Psychology (pp. 471–491). New Delhi, India: Cambridge University Press.


94. Waters, Pamela(2005), Spirituality in Addiction Treatment and Recovery


97. Wolf(1998), Effects of Chanting Hare Krishna on Stress, Depression and 3 gunas