

VITAE

Personal Profile

Name : J.Manohar Chendur Pandi
 Father's Name : J.Jeyaraj.
 Address : Subramaniapuram ,North street, Ittamozhi
 (P.O),Tirunelveli (D.T),Tamil Nadu, Pin-627652
 Date of Birth : 06-05-1981.
 Religion : Hindu

Educational Qualifications :

Certificate/ Degree	School/College/University with address	% of marks and Grade	Subject taken
M.Phil (Master of Philosophy) (2008-2009)	Pondicherry University, Puducherry	9 out of 10 (CGPA)	Physical Education
NIS (2010)-Six Weeks	Sports Authority of India (SAI)	68 %	Athletics
M.P.Ed (Master of Physical Education) (2006-2008)	Pondicherry University, Puducherry	8.78 out of 10 (CGPA)	Physical Education
B.P.Ed. (2003-2004)	Maruthi College of Physical Education, Bharathiyar University, Coimbatore.	78%	Physical Education
M.Sc (2009)	Annamalai University, Chidambaram	74.67 %	Yoga
B.Sc (1999-2002)	Aditanar College of Arts and Science, Tiruchendur.	58.5 %	Mathematics
PGDSRM (Post Graduate Diploma in Statistics) (2010)	Pondicherry University, Puducherry	65.75%	Statistics
P.G.D.Y (P.G.Diploma in Yoga) (2009)	Annamalai University, Chidambaram	62.75 %	Yoga
H.Sc (1999)	Sri Ramakrishna Hr.Sec.School, Tisaiyanvillai, Tirunelveli.	69.75 %	Mathematics
S.S.L.C (1997)	A.V.J.Govt Hr.Sec School, Ittamozhi, Tirunelveli.	74.2%	-

Academic Project

1. A Dissertation completed in M.Phil Degree, titled as “**Comparison of Somatotype Differences of Male Athletes in Puducherry**”.
2. A Thesis completed in M.P.Ed Degree, titled as “**Effect of Autogenic Training and Progressive Relaxation Training on Psycho- Physiological variables of Software Students in Pondicherry University**”.
3. A Dissertation completed in M.Sc Yoga Degree, titled as “**Effect of Six Weeks selected Yogasanas on Flexibility, BMI, Abdominal Strength and Endurance and Maximum Oxygen Consumption (Vo₂ Max) of Male Students**”.

Academic Achievement

1. Awarded first rank and secured *Gold Medal* in M.Phil Degree in Pondicherry University
2. Awarded first rank and secured *Gold Medal* in M.P.Ed Degree in Pondicherry University

Details of Research Papers Published

1. Publication in Journal: 3
2. Proceedings of the Conference: 5
3. Papers Presented in International Conference:4
4. Papers Presented in National Conference:10
5. Workshop Attended: 7

Teaching Experiences

1. Worked as a Physical Education teacher in Ramakrishna Matriculation School, Marakkanam, Villupuram in the academic Year 2005-2006.
2. Worked as a Physical Education teacher in SANDS Child development center, Suvishesapuram, Tirunelveli in the academic Year 2004-2005.

Achievements in Sports

- Secured Silver medal in Pole vault event in Inter Physical Athletic meet held at Annamalai University (2008)
- Secured gold medal and silver medal in pole vault and Decathlon respectively in Inter Collegiate athletic meet held at Coimbatore (2004).
- Participated in the Republic day School State held at Kanchipuram in 1998(Polevault)

Technical Qualification

1. Qualified as Athletic Coach
2. Qualified as State Technical Official in Athletics
3. Qualified as a Level 1 Kinanthropometric Technician.
4. Qualifying Diploma to design and manage specific sports sessions for the children of Tsunami affected villages, organized by Pondicherry University with Sports without Frontiers (The French ministry of Youth and Sports).
5. Qualified as Fitness Consultant.

Thrust Areas

1. Statistical application and Research Methodology.
2. Talent identification and Coaching in Athletics
3. Somatotyping
4. Exercise Physiology
5. Health and Fitness.
6. Officiating in Athletics

Special Talents

1. Somatotyping and Talent Identification
2. Coaching in Athletics
3. Organizing Special Programs with Games
4. Camp Programme
5. Recreational Programme for all ages

Permanent Address : Subramaniapuram , North street,
Ittamozhi(P.O), Tirunelveli (D.T), Tamil Nadu,
Pin-627652, Mail: manoharcpi@gmail.com