 DECLARATION

I done hereby that the dissertation entitled "THE EFFECT OF COMPLEX TRAINING PROGRAMMES AND MARTIAL ARTS TRAINING ON SELECTED PHYSICAL, PHYSIOLOGICAL, PSYCHOLOGICAL VARIABLES AND SKILL PERFORMANCE OF INTER – COLLEGIATE BASKETBALL PLAYERS" submitted to ALAGAPPA UNIVERSITY in partial fulfillment of the requirement of the Doctor of Philosophy in Physical Education under the guidance of Prof. A. SHENBAGAVALLI, M.A. M.P.Ed., M.Phil., Ph.D, Chairperson, Alagappa School of Physical Education, Professor and Head, Department of Physical Education and Health Sciences, Alagappa University, Karaikudi – 630 004., and this work has originally been carried out by me and it has not previously formed the basis for the award to the scholar of any Degree, Diploma, Associationship, Fellowship or any other similar title.

[Signature]

Investigator