Appendix

Action songs and Rhymes

ACTION SONG

1
Put your right hand in
Put your right hand out
Put your right hand in
And shake it all about
Do the Honkey Ponkey ..... (2)
And turn your self around.
Put your left hand in
Put your left hand out
Put your left hand in
And shake it all about
Do the Honkey Ponkey ..... (2)
And turn your self around.

2
Old Mac Donald had a Farm
El......El......O
And on his farm he had some ducks
El......El......O
With a quack – quack here
And a quack – quack there.
Here quack, there quack.
Every where quack quack
Old Mac Donald had farm.
El......El......O
Dogs – Bow – Wow
Cats – Mew – mew
Cows – Moo – moo
Bits of Paper

Bits of Paper
Lying on the Floor,
Lying on the Floor,
Make the Place Untidy,
Make the Place Untidy,
Pick them Up,
Pick them Up,

I am Jumping.............(2)
Look at me.
Can you jump as I do ?.............(2)
Jump, jump, jump.
I am dancing.............(2)
Look at me.
Can you dance as I do ?.............(2)
Dance, dance, dance.
I am running.............(2)
Look at me.
Can you run as I do ?.............(2)
Run, run, run.

If you are happy and you know it,
Clap your hands
If you are happy and you know it,
Clap your hands,
If you are happy and you know it,
And you really want to show it
If you are happy and you know it,
Clap your hands.
If you are happy and you know it,
Stamp your feet...
If you are happy and you know it,
Blink your eyes...
If you are happy and you know it,
Say Ha... Ha...
Clap your hands (2)  
Listen to the Music (2)  
And clap your hands  
Snap your fingers (2)  
Listen to the music (2)  
And snap your fingers  
Tap your knees (2)  
Listen to the music (2)  
And tap your knee.  
Stamp your feet (2)  
Listen to the music (2)  
And stamp your feet.  
Say hello (2)  
Listen to the music (2)  
And say hello  
Say bye bye...... (2)  
Listen to the music (2)  
And say bye bye.

Hop a little  
Jump a little  
One, two, three...(2)  
Run a little  
Skip a little  
Tap your knees...(2)  
Bend a little  
Stretch a little  
Nod your head...(2)  
Yawn a little  
Sleep a little  
In your bed...(2)

Come little Children,  
Clap, Clap, Clap !  
Now little Children,  
Tap, Tap, Tap !  
Dance in a circle
Round and Round,
Then Jump little children
And fall to the ground

This is the way
I wash my hands,
Wash my hands,
Wash my hands,
This is the way, I wash my hands,
Early in the morning.
This is the way
You wash your face,
Wash your face,
Wash your face,
This is the way you wash your face,
Early in the morning.
This is the way
We clean our teeth,
Clean our teeth,
Clean our teeth,
This is the way we clean our teeth,
Early in the morning.
This is the way
We comb our hair
Comb our hair,
Comb our hair,
This is the way we comb our hair
Early in the morning.

SINGING IS NOT HARD AT ALL
Singing is not hard at all...(2)
Whether you are big or small
Singing is not hard at all ...(2)
Come and sing with me.
Dancing – Dance
Reading – Read
Writing – Write
English – Learn.
RHYMES

1

One, Two
Buckle my shoe,
Three, Four
Knock at the door
Five, Six
Pick up the sticks.
Seven, Eight
Lay them straight
Nine, Ten
A big fat hen.

2

Jack and Jill
Went up the hill
To fetch a pail of water;
Jack fell down
And broke his crown
And Jill came tumbling after.

3

JOHNY, JOHNY
YES, PAPA
EATING SUGAR ?
NO PAPA.
TELLING LIES?
NO PAPA !
OPEN YOUR MOUTH
HA....! HA....! HA....!
ACTION SONG

4

Teddy Bear Teddy Bear
Turn Around
Teddy Bear Teddy Bear
Touch the ground
Teddy Bear Teddy Bear
Polish your shoes
Teddy Bear Teddy Bear
Go to school
RECITE THE POEM IN TWO GROUPS

A : Little girl, Little girl
Where have you been?

B : Gathering flowers
For the king and the queen.

A : Little girl, little girl.
What did they say?

B : They said, "Thanking you,
Have a happy day."