APPENDIX E

Translated Version of
Children's Helplessness Questionnaire
Introduction

You are given a number of statements. Read each sentence carefully. If you agree with a statement (or you feel that it is true of you), encircle "T" against the statement. If you disagree with the statement (or you feel that it is not true of you), encircle "F" against the statement.

Remember that there is no correct or incorrect response. We are seeking your opinion for research purpose.

Example:

<table>
<thead>
<tr>
<th></th>
<th>True</th>
<th>False</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>I would get rewards if I do good works</td>
<td>T</td>
</tr>
<tr>
<td>2.</td>
<td>I quarrel with my friends</td>
<td>T</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>True</th>
<th>False</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>You do not get the attention of your teacher even if you participate regularly in your class-room activities.</td>
<td>T</td>
</tr>
<tr>
<td>2.</td>
<td>You may not get good grades in examinations even if you work hard.</td>
<td>T</td>
</tr>
<tr>
<td></td>
<td></td>
<td>True</td>
</tr>
<tr>
<td>---</td>
<td>---</td>
<td>------</td>
</tr>
<tr>
<td>3.</td>
<td>You can be friends with your enemy.</td>
<td>T</td>
</tr>
<tr>
<td>4.</td>
<td>Teachers would appreciate if you perform well in examination.</td>
<td>T</td>
</tr>
<tr>
<td>5.</td>
<td>You would not get chances to represent your school even if you are doing well at sports and games.</td>
<td>T</td>
</tr>
<tr>
<td>6.</td>
<td>There is no use of studying.</td>
<td>T</td>
</tr>
<tr>
<td>7.</td>
<td>Your parents do not attach importance to your words even if you tell them wise things.</td>
<td>T</td>
</tr>
<tr>
<td>8.</td>
<td>Participation in National Cadet Corps (N.C.C.) helps to improve leadership qualities.</td>
<td>T</td>
</tr>
<tr>
<td>9.</td>
<td>Your education would be useful at the time of interview.</td>
<td>T</td>
</tr>
<tr>
<td>10.</td>
<td>Effort to gain knowledge is appreciated in various forms.</td>
<td>T</td>
</tr>
<tr>
<td>11.</td>
<td>Your words do not carry weight despite your education.</td>
<td>T</td>
</tr>
<tr>
<td>12.</td>
<td>Your education would make you better than others.</td>
<td>T</td>
</tr>
</tbody>
</table>
13. The examination results may go erratic even if you have prepared your self well. T F

14. People would be pleased at your good manners. T F

15. Participation in extracurricular activities (Debates and literary activities) does not guarantee popularities. T F

16. The prestige of your family would be enhanced if you are educated. T F

17. The teachers do not appreciate your good manners. T F

18. You can be a respectable person in your society if you are educated. T F

19. If you read well your relationship with your seniors would be good. T F

20. The training you obtain in your school would not help you to get a job in future. T F

21. Your love is not reciprocated. T F
22. You can solve your academic problems by consulting your teachers.  
   True  False
23. Your education helps you to invent new things.  
   True  False
24. The sports and games you learn in school make you active.  
   True  False
25. You may be very smart at your study but it does not guarantee your reputation in society.  
   True  False
26. Higher education is unrelated to securing good jobs.  
   True  False
27. You can use your leisure properly if you are educated.  
   True  False
28. Study does not guarantee pleasure.  
   True  False
29. Your educational achievement is unrelated to your future financial success.  
   True  False
30. There is no relationship between your interest and your educational achievement.  
   True  False
31. The education you obtain in
    school is not useful for your
    personal development.  T  F

32. Good works would not bring
    honour for you.  T  F

33. Seniors would love you if you
    show them respect.  T  F

34. Your teacher praise you for
    your sincerity.  T  F

35. You can keep abreast of the changes
    taking place in your environment
    if you are educated.  T  F

36. There is no use to read books
    other than the text books.  T  F

37. You do not get expected results
    even if you work hard.  T  F

38. If you show academic achievements,
    you may get chances go abroad for
    higher studies in future.  T  F

39. To day's education makes
    you happy.  T  F
40. If you spend more time and efforts for subjects in which you are weak, you can do well on those subjects. T  F

Scoring Note: T's of item number 1, 2, 5, 6, 7, 11, 13, 15, 17, 20, 21, 25, 26, 28, 29, 30, 31, 32, 36 and 37 are indicative of helplessness. F's of rest of the items are indicative of helplessness.