DESCRIPTION OF TABLE

Table No.  Name
4.1a  Socio personal profile of the subjects
4.1b  Socio economic profile of subjects
4.1c  Correlation of Socio economic and socio personal variables with severity of disease and BMD
4.2  Presence of clinical features in osteopenia / osteoporotic subjects
4.3.1  Mean values of anthropometric measurements
4.3.2  Age wise distribution of subjects according to BMI
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4.3.4a  Distribution of respondents according to risk of osteoporosis as per WHO criteria (BMI <19).
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4.4.4  Nutrient intake of pre-and post menopausal subjects in relation to the disease
4.4.4.5:  Correlation of dietary habits and nutrient intake with BMD and Diagnosis.
4.5.4  Relationship of osteoporosis with other diseases
4.5  Effect of lifestyle factors on prevalence of osteoporosis
Correlation of anthropometric measurements and life style factors with severity of disease and BMD

Biochemical tests of pre and post menopausal women under study

age wise comparative evaluation of BMD's of subjects in present study with American Reference standards

Comparative change in nutrient intake after diet counseling

Change in mean values of serum calcium, serum phosphorous and Haemoglobin after diet counseling

Comparative change in BMD after diet counseling

Comparative change in laboratory/radiological readings after diet counseling

Change in prevalence of osteoporosis after diet counseling