CONTENTS

1. ABSTRACT 1-7
2. INTRODUCTION 8-9
3. AIMS AND OBJECTIVES 10-11
4. LITERATURE REVIEW 12-67
   ADIPOSE TISSUE
   ADIPOKINES
      Adiponectin
      Leptin
      Visfatin
      Omentin
      Tumor necrosis factor-α
   ADIPONECTIN
      Introduction
      Adiponectin: Structure and paralogues
      Adiponectin: Receptors and action
      Adiponectin: Mechanism of action
      Adiponectin: Regulation of expression
      Adiponectin and disease
         Role of adiponectin in metabolic syndrome
         Adiponectin gene mutations in metabolic syndrome
         Adiponectin and NAFLD
         Atherosclerosis Inflammation and Adiponectin
         Hypoxia Ischemia Oxidative stress Angiogenesis NO and Adiponectin
   DIABETES AND METABOLIC SYNDROME
   INSULIN RESISTANCE
   NONALCOHOLIC FATTY LIVER DISEASE
      Introduction
      NAFLD as Liver manifestation of a Generalized Disorder in Fat storage and Mobilization
         Increased Inflow to Liver
         Increased intake by Hepatocytes
Decreased outflow from Liver
Increased Synthesis of Lipids
Decreased Lipid Oxidation

Epigenetic factors
Timers of NAFLD

FATTY LIVER: THE MANY FACES IN CLINICS

The Classic Metabolic Syndrome Associated Fatty Liver
Fatty Liver of the Lean
The Fatty Liver of Infections and Immunological Disorders
The Xenobiotic Fatty Liver
The Fatty Liver Associated with Defects in Fatty Acid Catabolism
Fatty Liver of the Malnourished
The Benign/Non-progressive Fatty Liver

5. SYNTHESIS

NAFLD: A CRITICAL ANALYSIS

NAFLD: The Concept and Confusion
The Pathogenic Process could be different in Lean versus Obese NAFLD
Fatty Liver Disease could be considered as an added Hepato-cardiovascular-cancer Risk Factor rather than a Specific Diagnosis
The Need of Personalized Management in NAFLD and the Future of NAFLD

CLINICAL PROFILE OF NAFLD PATIENTS AND ASSOCIATION OF NAFLD WITH METABOLIC SYNDROME IN INDIAN POPULATION

INTRODUCTION

SUBJECTS

METHODS: Clinical Anthropometric and Laboratory Evaluations

RESULTS

Association of NAFLD with Criteria for Obesity
Association of NAFLD with Surrogate Markers of Insulin Resistance and Metabolic Syndrome
Waist Circumference is a Dominant Predictor of NAFLD

DISCUSSION
ADIPOKINE PROFILE IN PATIENTS WITH NAFLD AND CRYPTOGENIC CIRRHOSIS IN INDIAN POPULATION

INTRODUCTION

SUBJECTS

METHODS
  Clinical Anthropometric and Laboratory Evaluation
  Estimation of Serum Adipokines and Insulin
  Statistical Analysis

RESULTS
  Clinical Profile of the Study Population
  Serum Adiponectin in NAFLD and Cryptogenic Cirrhosis
  Serum Leptin in NAFLD and Cryptogenic Cirrhosis
  Serum Resistin in NAFLD and Cryptogenic Cirrhosis
  TNF-α in NAFLD and Cryptogenic Cirrhosis
  Serum Adiponectin is Decreased in Lean versus Obese NAFLD

DISCUSSION

ANALYSIS OF GENETIC VARIATIONS IN ADIPONECTIN GENE IN NAFLD

INTRODUCTION

SUBJECTS AND METHODS
  Subjects, Blood Collection & Storage, Genomic DNA Extraction
  Polymerase Chain Reaction Amplification and Purification of Amplified DNA Segments
  Sequencing of DNA
  Bioinformatics and Statistics

RESULTS
  Mutation/SNP analysis of the Promoter Region
  Mutation/SNP analysis of Exon 2 & Exon 3

DISCUSSION

6. REFERENCES 131-144
7 CREDITS i-ii
8 APPENDIX iii-xxii
  Patient Performa
  List of Patients & Master Chart
  Publications