A STUDY ON ASSERTIVENESS, SOCIAL ADJUSTMENT, LEVEL OF ASPIRATION AND PERSONAL VALUES AMONG HIGH SCHOOL STUDENTS

SUPERVISOR
Dr. N. RAMAKRISHNAN
Professor & Head
Department of Educational Technology,
Tamil Nadu Teachers Education University,
Karappakkam, Chennai – 600 097.

SCHOLAR
Mr. M. PARTHIBAN
Research Scholar
M.S. University
Tirunelveli- 627 012

ABSTRACT

We are living in a cutting edge world where competition galore for everything. The chances of being misled by others in the society are a big problem or menace. The students who fall victims to this short of tendencies state that they are guided by their friends or others. If a student has assertive behavior and his own set of rights and wrongs, he may not be easily bullied by other person. Adjustment is a foremost behavioral aspect one has to develop. If a person does not have good adjustment, he may not succeed in this society. Intellectually superior or inferior, if he is adjusting with the norms of the society, he is regarded properly. The good qualities alone will not fetch you a good job or career. The students should have aspiration for betterment in life. They should aim for good future. They should set goal and strive for achieving it. The level of aspiration decides the career prospects of a student. The high school should practice the goal setting and achieving it in many tasks as it will increase their goal achievement behavior. Values are eternal. The values of our family and culture are transmitted from one generation to other by traditions that we follow. Values are not taught in schools it is taught in the family and society. Everyone has family values. The values
have been imbibed from great grandfather, grandmother and father. Apart from this, one sets his personal values inspired by the things in the environment in which we live. They are called personal values. They are regulators of our behavior. They decide our lifestyle. The four very crucial variables which play a major role in children’s future have been conceived by the investigator. Having discussed the benefits of these variables on children, the investigator thought of the need for conducting a study on these variables. Hence, the study has been entitled as “Assertiveness, Social Adjustment, Level of Aspiration and Personal Values among High School Students”. A stratified Random sample of 374 high school students in Madurai district was constituted with bio institutional sub variables gender, religion, community, father’s education, mother’s education, father’s occupation, mother’s occupation, parental monthly income, type of family, locality, type of school, kind of school and medium of study. The investigator has used the following tools after validation specifically done for the study with sample set of students. They are: 1. Rathus’ Assertive Schedule by Rathus(1978), 2. Social Adjustment Inventory by Dr. Roma Pal(1985), 3. Modified version of Level of Aspiration Test by Dr. V.P.Bhargava(1975),and 4. Personal Values Test by KM. Ranjana Gupta(1987). The investigator used the following statistical treatments for interpreting the collected data such as : Mean, Median, Mode, Standard Deviation, ‘t’ test, ANOVA and Pearson’s Product Moment Correlation. Findings Were: The high school students are having slight edge over average level of assertiveness. The majority of high school students are moderately assertive. The high school students are having above the average level in social adjustment. The high school students are having level of aspiration high above the average. The high school students are having higher level personal values.