PILOT PHASE
5 male students of the sixth standard in School A

MAIN STUDY
Zone based data collection of a randomly selected sixth standard DSAFF in 10 schools (5 Co-ed and 5 All-boys) Total data collected =347
3 questionnaires administered:
- The My Life In School Checklist
- The What School is Like for Me Survey
- The Peer Relations Questionnaire

Post analysis three all boys’ schools reporting the highest incidence of bullying were assigned into the Intervention and Control groups respectively.

PHASE 1

INTervention Group
School 1

CONTROL Groups
Schools 2 and 3

PHASE 2

PARENTS
A comprehensive parent booklet on Bullying in Kannada was provided

STUDENTS
The Second Step Violence Prevention Program (SSVPP) was administered to the selected sixth standard section of School 1

TEACHERS
Individual interviews were conducted with middle school teachers

A workshop was organized for the head mistress and middle school teachers on bullying and stress management

POST INTERVENTION ASSESSMENT
Was conducted at both the intervention and the control schools

PHASE 3

STUDENTS
No intervention was provided to students in the control schools – School 2 and 3

TEACHERS
Individual interviews were conducted with middle school teachers

A workshop was organized for the head mistress and middle school teachers on bullying and stress management

POST INTERVENTION ASSESSMENT
Was conducted at both the intervention and the control schools

FOLLOW UP ASSESSMENT
A 6 month follow up assessment was conducted at both the intervention and control schools post the intervention