PREFACE

Adjustment is the greatest problem of adolescents. A student has to adjust himself with his teacher, parents, friends, sibling and classmate etc. There is a burning problem in the world as to how establish better adjustment either in developing country or developed country.

The present study was hence, undertaken to explore certain psychological aspects, viz. Social support, personality (Introversion- Extroversion) and adjustment in context of adolescents with the idea that results obtained may throw some light on issues, which though quite important, have escaped the due interest and attention of researchers so far.

The report of study divided into five chapters includes Introduction, Review of Literature, Research Design and Methodology, Findings and Discussion.

The first chapter is devoted to the nature and characteristics of adjustment. It also deals with the nature of social support and Personality.

The second chapter includes the review of literature relevant in context to the variables selected for the study.

The third chapter includes the research design and methodology of the present study. The details concerning objectives, hypotheses and the tools employed in the study have been described in it.
The fourth chapter includes the findings of the study in tabular forms.

The fifth chapter quantitative results have been discussed qualitatively.

Some suggestions for further research have been given in last, stating the limitations of the study.

Above five chapters are followed by bibliography and appendices.