CHAPTER III

DEVELOPING A PLAN FOR A DOCTORAL DISSERTATION
Chapter-III

3. DEVELOPING A PLAN FOR DOCTORAL DISSERTATION:

3.1 Title of the Research Problem:

A Study on Self Concept, Anxiety, Depression, Anger and Suicidal Ideation Among Unemployed Youth of Kolkata City.

3.2 Theme:

Unemployment refers to the situation, where the persons who are able to work and willing to work, fail to secure work or activity which gives them income or means of livelihood. Employment and unemployment is a hotly debated subject among academicians, and government circles as this is viewed as one of the important outcomes of ultimate success or otherwise of public policies. This aspect is a great concern for the public at large because standard of living, disposable income, savings, education, health and overall psyche of the society is determined by current levels of employment and unemployment.

3.3 Objectives:

The proposed research as entitled, aims to probe in enquiry areas to verify the following objectives:-

1) To find out whether the presence of unemployment can affect the self concept of the youth.

2) To find out whether unemployment is really responsible for anxiety, anger, depression and suicidal ideation in youth.
3) To find out whether unemployment affects male and female equally or not.
4) To find out whether employment can really prevent suicidal ideation and depression, boost self concept by lowering anxiety and anger.

3.4 Methods:

a) Major Research Assumptions (Hypotheses)

1. Employed youth and unemployed youth will differ in self-concept.
2. Employed youth and unemployed youth will differ in level of depression.
3. Employed youth and unemployed youth will differ in Anxiety.
4. Employed youth and unemployed youth will differ in anger.
5. Employed youth and unemployed youth will differ in suicidal ideation.
6. Employed youth (male) and unemployed youth (male) will differ in self concept.
7. Employed youth (male) and unemployed youth (male) will differ in anxiety.
8. Employed youth (male) and unemployed youth (male) will differ in level of depression.
9. Employed youth (male) and unemployed youth (male) will differ in anger.
10. Employed youth (male) and unemployed youth (male) will differ in suicidal ideation.
11. Employed youth (female) and unemployed youth (female) will differ in self concept.
12. Employed youth (female) and unemployed youth (female) will differ in anxiety.
13. Employed youth (female) and unemployed youth (female) will differ in level of depression.
14. Employed youth (female) and unemployed youth (female) will differ in anger.
15. Employed youth (female) and unemployed youth (female) will differ in suicidal ideation.

The hypotheses framed above will be tested against the null hypothesis through appropriate statistical means.

b) Sample:

540 unemployed youth will be selected from three different zones (North, Central and South) of Kolkata. In each zone data will be collected from 180 youths of which half of them will be male and half of them will be female. Both the groups of male and female will be within the age range of 22-27 years having Bachelor's degree in any discipline of general stream (i.e. B.A., B.sc., B.Com.). These two groups of male and female of each zone and hence such combinations of three zones will serve as the ‘experimental groupʼ (N=540).

Also a ‘control’ group of employed youths equal to the sample size (N=540) of the experimental group (as narrated above) in all respects i.e. matched with it in respect to zones of Kolkata, sex, age and academic qualification will be selected.

The selection of the sample for the study will be based on the following criteria:

1) Graduates (B.A., B.Sc., B.Com.) who are actively looking for paying job, but unemployed for at least 5 years from the date of publication of results.

2) The ‘control group’ of employed youth selected for the purpose of comparison shall have at least 5 years continuous service.

Purposive sampling technique will be adopted in selecting the sample of subjects for the study.
c) Tools:

Data will be collected from above mentioned groups of selected respondents for the verification of respective hypothesis by administering the following tools.

i) General information schedule.

ii) Self-Concept scale developed by Dr. Mukta Rani Rostagi, University of Lucknow, (Adapted Bengali version by Sengupta, S and Nath D.C. (2005), Department of Applied Psychology, Calcutta University).

iii) State-Trait Anxiety Inventory developed by Speilberger, Gorsuch and Lushane (1970) [Adapted Bengali version by Bhattacharyya, N.K. and Datta, A. (1997), Department of Applied Psychology, University of Calcutta].

iv) Beck Depression Inventory (Adapted Bengali version by Basu (1999), Department of Psychology, Calcutta University).

v) State-Trait Anger Expression Inventory developed by Speilberger (1998) [Adapted in Bengali version by Nath, D.C., Department of Applied Psychology, Calcutta University in 1998].

d) Steps to be followed:

I) To prepare a plan and choosing appropriate tools for data collection from the employed and unemployed youths.

II) Rapport will be established with the subjects and data will be collected from them through individual administration of the above mentioned tools as per convenient place, time and date of the youth.

III) Data thus collected will be tabulated for statistical treatment.

IV) Interpretation of data and verification of hypotheses.

V) Library work and internet searching for current information allied to present study will be done to draw inferences about the present study.

VI) Report writing and compilation of reference list.


3.5 Applied value of the work:

The study will suggest necessity of counseling in overcoming distressed conditions of the unemployed youth.

Also it will make the government aware of the urgency of providing salaried jobs to the youth as a preventive measure to deteriorating mental conditions of the unemployed youth.