The complexities of the B Complex members in the labyrinth of their maze ways were so much attempted by our fore-runners only to predict their kinship by chasing the feeble presence, presence or absence of one, by watching the absence, feeble presence or presence of the other or others severally or jointly and vice-versa, speculating or theorising enthusiastically on their behaviour against different techniques of approaches.

That the clue to the dénouement lies in tracing out the lines of intimate and intrinsic metabolic interrelationship amongst the B Vitamins, has been further expounded and exposed categorically by our present work by engaging individual member against the other or others to trace them out by an exit pathway of excretion.