CONTENTS

PREFACE i-vi

CHAPTER-1

INTRODUCTION 1-25

1.1 Understanding the Skin 1-2

1.2 Origin of the word Vitiligo 2-4

1.3 Vitiligo in Ancient Times 4

1.4 Vitiligo in Eastern Literature 4

1.5 Vitiligo in China 4

1.6 Vitiligo in Korea 5

1.7 Vitiligo in Greek Literature 5

1.8 Vitiligo in Koran 5

1.9 Vitiligo in Bible 5-6

1.10 Vitiligo in Indian Literature 6-7

1.11 Management of Vitiligo in Ancient Indian Medical Literature 7-9

1.12 Some Definitions of Vitiligo 9-11

1.13 Signs 11-12

1.14 Area 12

1.15 Risk Factors 12

1.16 Age as related to onset of Vitiligo 12

1.17 Geographical Location related to Vitiligo 12

1.18 Sex related to Vitiligo 13

1.19 Matrimonial relationship connected to Vitiligo 13

1.20 Religion related to Vitiligo 13
1.21 Chronicity related to Vitiligo 13
1.22 Skin and Mind 14-17
1.23 Emotional Reaction to Vitiligo 17-19
1.24 Psychological and Social Aspect of Vitiligo 19-24
1.25 Treatment 24-25

CHAPTER-2

REVIEW OF RELATED LITERATURE 26-49
2.1 Introduction 26
2.2 Related Studies Abroad 26-43
2.3 Related Indian Studies 43-48
2.4 Review of Literature and
Revelation of a Fertile Topic of Research 49

CHAPTER-3

DEVELOPING A PLAN FOR A DOCTORAL DISSERTATION 50-55
3.1 Theme 50-52
3.2 Title of the Research Problem 52
3.3 Methods
   a) Major Research Assumptions 52-53
   b) Sample 53
   c) Tools 53-54
   d) Steps to be followed 54-55
   e) Applied Value of the work 55
CHAPTER- 4
METHODOLOGY 56-69
4.1 Title of the Research Problem 56
4.2 Objectives 56
4.3 Design 57
4.4 Variables of the Study 57-62
4.5 Tools used 62-65
4.6 Hypotheses 65-67
4.7 Selection of the Sample 67-68
4.8 Collection of Data, Scoring and Analysis 68
4.9 Intervention through Counselling 68-69

CHAPTER-5
RESULTS AND INTERPRETATION 70-126
5.1 Demographic Characteristics of Vitiligo Cases 70-71
5.2 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression due to effect of Chronicity of Disease (i.e. Vitiligo) 72
5.3 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression for Vitiligo cases and Normal individuals 73-74
5.4 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression for Rural vitiligo cases and Urban vitiligo cases 75
5.5 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression for Male vitiligo cases and Female vitiligo cases 76
5.6 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression for Rural male vitiligo cases and Urban male vitiligo cases 76-77

5.7 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression for Rural female vitiligo cases and Urban female vitiligo cases 77

5.8 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression for Rural male vitiligo cases and Rural female vitiligo cases 78

5.9 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression for Urban male vitiligo cases and Urban female vitiligo cases 79

5.10 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression for Different Age groups of vitiligo cases 79-80

5.11 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression due to effect of Gender on Population irrespective of vitiligo 80

5.12 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression due to effect of Locality on Population irrespective of vitiligo 81-82

5.13 Mean values of Self Concept, State Anxiety, Trait Anxiety and Depression due to effect of Age on Population irrespective of vitiligo 82-83

5.14 Interaction Effect on Self Concept 84-92

5.15 Interaction Effect on State Anxiety 92-100

5.16 Interaction Effect on Trait Anxiety 101-108

5.17 Interaction Effect on Depression 108-116

5.18 Correlations among Vitiligo cases 117-118