CHAPTER No. VI.

DISCUSSION
15 years ago I started my work as Ayurvedic physician in Ayurved college Hospital. At that time due to contaminated water-supply there were lot of patients of "PRAVAHIKA" (Dysentery). Particularly in our college hostel, many students suffered from PRAVAHIKA when they came to Ahmednagar. So there was a routine complaints of "Pravahika".

Once a student came to me and ask for treatment of his night-fall complaints. I gave him "VANG-BHASMA". The Vnaga-Bhasma is used routinely for various sexual complaints in all over India according to its properties are given in Ayurveda.
The day after the same student came to me and said that he got relief to his chronic complaints of Dysentery. For verification I tried "Vanga-Bhasma" in another student having complaints of "Pravahika". I surprised because the another student also got the relief from Pravahika. After that I studied Vanga-Bhasma and its properties in Ayurvedic literature and came to conclusion that there is a definite relationship between "Vanga-Bhasma" and "Pravahika".

Thus "Vanga-Bhasma" was useful in dysentery. Broadly, dysentery is similar to Pravahika which is described in Ayurveda. Hence I studied in detail Dysentery from Modern science and Pravahika from Ayurved. I did comparative study of it while treating cases of Pravahika. I used Vanga-Bhasma but couldn't get the references about the action of Vanga-Bhasma on Pravahika. Then I studied qualities and uses of Vanga-Bhasma. There also I felt to get any reference. I thought over the problem that Vanga-Bhasma is useful in Pravahika but there weren't direct references.

After doing prolonged thoughts I came to conclusion that while describing the uses of particular drugs, Ayurved science hasn't given all the uses but basically given that drug can act with help of their
qualities. When they described a actions of particular quality i.e. the reference of drug action. For ex. If a particular drug is 'Hot' (Ushna) in quality, it will act on 'Shit guna' i.e. 'Cold' quality. With this thinking I came to conclusion that qualities of Vanga-Bhasma are totally against of the factors participating in Samprapti (Pathology) of Pravahika.

I compared the qualities of Vnaga-Bhasma and factors creating Dysentery-(Pravahika). And I found qualities of Vnaga-Bhasma against all the factors participating in creating 'Pravahika'. Then I decided to do the work on this project for my M.D. Ayurved studies. I submitted the thesis

"PRAVAHIKA CHIKITSA WITH VANGA BHASMA".

Now question is asked about the contribution of Ayurveda in general and contribution of Vaidyas in particular to the Public Health. So I decided to work on the above subject. As the dysentery is a common disease and which is very common in tropical which includes India. So I thought if I will work on this subject I can contribute something to the Public Health. Dysentery is common disease and very common in poor people and that will give me more satisfaction. Also I will be proud of my science with the help of this project for which I
could give single Ayurvedic drug to the specific disease which is described in Modern medicine. And it is very common in India.

So I did work on the subject single drug of Ayurved i.e. "VANGA BHASMA ON DYSENTERY".

I am very happy for knowing that I got very encouraging results with Vanga Bhasma in dysentery.

I frankly tell you that I am unable to explain how Vanga Bhasma is acting on dysentery in the light of pharmacology. That will be the right of fellow of pharmacology to work on similar project and found out how the Vanga-Bhasma is acting on Dysentery.

With my little knowledge of Ayurvedic science and little knowledge of dysentery from Modern science. I could hypothetically explain the action of Vanga Bhasma on dysentery.

Modern medicine says dysentery is due to parasites or bacteria; thats called 'Sukshma Krumi' in Ayurveda. It is resulted in ulceration. In Ayurved Vanga-Bhasma is described as "Krumighna". That means it acts against bacteria and parasites. It is also described as "Vranaropak" i.e. healing of ulcer. So the drug which is acting on the causes and the effect of the disease at a time. I think 'Vanga Bhasma' is effective in "Dysentery".