INTRODUCTION:

a) The Vedas are the first and foremost records of Indian culture and civilization

b) The Vedas mean both samhitas and Brahmanas consisting the Upanisads and Aranyakas

c) The Vedas indicate the line of moral trainings of students closely connected with the advancement of religious education and culture of India

d) Religious injunctions and moral laws are bound in one chain

e) Violation of moral laws involves a crime

f) The general principles of moral trainings

CHAPTER I

i) The main goal of moral training: Character building

ii) Healthy body and healthy mind are the basis of good character

iii) Observance of celibacy and mental concentration

iv) Restriction of food but food in sufficient quantity and non-indulgence in luxurty and indolence

v) Memory culture by repeated recitation of texts to be taught

vi) Holistic occupations: Studying, Collecting twigs, Gathering of flowers etc. offering made to the Sacrificial Fire

vii) Loyalty to Preceptor
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