TABLE OF CONTENTS

LIST OF TABLES		•••		(xiii)
LIST OF ILLUSTRATION	NS			(xvi)
Chapter:				Page
I – INTRODUCTION	****	*****	*****	1
Statement of the I	Problem			
Delimitations				
Limitations				
Hypothesis			•	
Definition and Exp	lanation of	the Terms		
Significance of the	study			
II- REVIEW OF RELATE	D LITERA	TURE		19
III-PROCEDURE			•••••	36
Selection of Subje	cts			
Selection of Variables				
Procedure for Adn	ninistering ⁻	Гests		
Criterion Measure	S			
Statistical Techniq	ue			
IV-ANALYSIS OF DATA	AND RES	ULTS OF TH	E STUDY	52
Level of Significan	ce			
Findings				
Discussion of Find	ings			
V-SUMMARY, CONCLU	SIONS ANI	D RECOMME	NDATIONS	94
Summary				
Conclusions				
Recommendations	;			

TABLE OF CONTENTS (Continued)

APPENDICES:

Α	Scores of Physical Variables of Beginners	
В	Scores of Physical Variables of Intermediate Players	99
С	Scores of Physical Variables of Advanced Players	100
D	Scores of Selected Strength Variables of Beginners	101
Ε	Scores of Selected Strength Variables of Intermediate Players	102
F	Scores of Selected Strength Variables of Advanced Players	103
G	Scores of Selected Speed & Flexibility Variables of Beginners	104
Н	Scores of Selected Speed & Flexibility Variables of Intermediate Players	105
1	Scores of Selected Speed & Flexibility Variables of Advanced Players	106
J	Scores of Angular Kinematic Variables of Beginners (In Degree)	107
K	Scores of Angular Kinematic Variables of Intermediate Players (In Degree)	108
L	Scores of Angular Kinematic Variables of Advanced Players (In Degree)	109
M	Scores of Other Kinematic Variables of Beginners	110
N	Scores of Other Kinematic Variables of Intermediate Players	111
0	Scores of Other Kinematic Variables of Advanced Players	112
RIBI	IOGRAPHY	113