ANNEXURE
ANNEXURE - I

INSTITUTE OF POST GRADUATE AYURVEDIC EDUCATION AND RESEARCH
AT S. V.S.P. HOSPITAL
294/3/1 A.P.C. Road, Kolkata -700 009
Department of Health
Government of West Bengal

ATUR PARIKSHA PATRA FOR Ph.D. WORK ON ROLL OF PRAKRITI ON STRESS AND ANTI STRESS ACTIVITY OF SOME PLANTS

Scholar : Dr. Partha Biswas
Supervisor : Dr. L. N. Maity

i) Name Serial No. :
ii) Age : Date of last visit :
iii) Sex :
iv) Religion :
v) Occupation :
vi) Address :

vii) Chief Complaints: Date of Admission :

i) O.P.D. No. :
v) I.P.D. No. :
vi) Ward No. :

vii) Bed No. :
viii) History of present illness: Date of discharge:

ix) Past illness:

x) Family History:

xi) Personal History
a) Education
b) Income status:
c) Habit
d) Addiction:

e) Social activity:
f) Bowel movement:
g) Micturation
h) Sexual life
i) Nature of sleep

General History
i) Build:
ii) Nutrition:

iii) Facies:
iv) Anemia:
v) Jaundice:
vii) Cyanosis:
viii) Oedema:

ix) Pulse:

x) Temperature:

xi) Blood pressure:

xii) Respiration:

Systemic Examination
EXAMINATION OF NERVOUS SYSTEM:

1. Examination of Skull

2. Examination of Neck rigidity & SLR

3. Examination of Cranial nerves
   
i) 1st Cranial Nerve
ii) 2nd Cranial Nerve
iii) 3rd Cranial Nerve
iv) 4th Cranial Nerve
v) 5th Cranial Nerve
vi) 6th Cranial Nerve
vii) 7th Cranial Nerve
viii) 8th Cranial Nerve
ix) 9th Cranial Nerve
x) 10th Cranial Nerve
xi) 11th Cranial Nerve
xii) 12th Cranial Nerve

4) Motor function

5) Gait

6) Sensory function

7) Reflexes
   
a) Deep Reflexes
     i) Biceps jerks
ii) Triceps "

iii) Supinator "

iv) Knee"

v) Ankle II

b) Superficial reflexes
   i) Planter reflexes
   ii) Crimestric "
   iii) Abdominal "
   iv) Pupilary "

Examination of Cardiovascular system :

Examination of Gastro Intestinal system :

Examination of Respiratory System :

Examination of Nervous system :

**Psychological History:**
   i) General behaviour :
   ii) Talk/speech :
   iii) Mood :
   iv) Delusion :
   v) Hallucination :
   vi) Compulsive phenomena :
   vii) Orientation of time and space :
   viii) Memory
ix) Intelligence

tax) Insight and judgement:

xi) Any psychosomatic disease:

taxii) Anxiety:

taxiii) Depression:

**Laboratory Investigation:**

1. Examination of Blood sugar

2. Examination of lipid profile:

3. Estimation of plasma cortisal level

**Diagnosis:**

**Prognosis:**

**Complication:**

**Management**

1. Diet

2. Medicine

3. Yoga:

**Follow up:**

<table>
<thead>
<tr>
<th>Date of visit</th>
<th>Dose of the drag</th>
<th>Duration</th>
<th>Results</th>
</tr>
</thead>
</table>