Abbreviations:

- CCTV - Closed Circuit Television.
- EAP - Employee Assistance Program.
- GAS - General Adaptation Syndrome.
- HRDD - Human Resources Development Division.
- HRP - Human Resource Policy.
- IBA - Indian Banks Association.
- LPG – Liberalization, Privatization and Globalization.
- NIOSH - National Institute for Occupational Safety and Health.
- PAD - Personnel Administration Division.
- PE-Fit - Person – Environment Fit.
- SBI – State Bank of India.
- SMP - Stress Management Programmes