# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>CHAPTER</th>
<th>TITLE</th>
<th>PAGE NO.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Title page</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Certification</td>
<td>II - VII</td>
</tr>
<tr>
<td></td>
<td>Table of contents</td>
<td>VIII - IX</td>
</tr>
<tr>
<td></td>
<td>List of tables</td>
<td>X - XI</td>
</tr>
<tr>
<td></td>
<td>List of figures</td>
<td>XI - XII</td>
</tr>
<tr>
<td></td>
<td>List of photographs</td>
<td>XII - XIII</td>
</tr>
<tr>
<td></td>
<td>Acknowledgement</td>
<td>XIV- XVII</td>
</tr>
<tr>
<td></td>
<td>Abstract</td>
<td>XVIII-XXII</td>
</tr>
<tr>
<td></td>
<td>Indo-Romanic equivalent of Devanāgri alphabets</td>
<td>XXIII</td>
</tr>
<tr>
<td></td>
<td>Acronyms</td>
<td>XXIV</td>
</tr>
</tbody>
</table>

## INTRODUCTION

1 - 5

## SELECTION OF TOPIC

6

## AIMS AND OBJECTIVES

7

## PLAN OF WORK

8

## I. REVIEW OF LITERATURE

### A) TRIAL DRUGS

#### i) CAKRAMARDA (Cassia tora)

- General introduction 9-10
- Botanical description 11-13
- Chemistry 14-18
- Description in Vedic literature 19
- Description in Ayurvedic literature 19-42
- Interpretation of Guna – Karma of Cakramarda 43-47
- Sanskrta References (Cakramarda) 48-69
- Description in other literature 70-72
- Pharmacological studies of Cakramarda 73-75

#### ii) GUGGULU (Commiphora mukul)

- General introduction 76-79
B) DISEASE

ĀMAVĀTA (Rheumatoid Arthritis)

- Bones and Joints 86-88
- Āmavāta (Rheumatoid Arthritis) 88-114
- Sanskrta References (Āmavāta) 115-118
- Previous Research studies on Āmavāta (Rheumatoid Arthritis) 119-125

II. STANDARDIZATION OF TRIAL DRUGS

- Procurement 126
- Preparation 127
- Microscopic analysis 128-129
- Quantitative analysis 130
- Thin layer chromatography 131-133
- X-ray analysis 133-142
- Determination of Rasa & Taste threshold 143-144

III. PHARMACOLOGICAL STUDY

- Toxicity study 145-146
- Anti-Inflammatory study 146-152

IV. CLINICAL STUDY 153-193

V. DISCUSSION 194-205
CONCLUSION 206

VI. REFERENCES / BIBLIOGRAPHY 207-233
APPENDIX 234-256