CONCLUSION
Conclusions

1. This medicine under this clinical trial, viz. gokṣura kvāṭha with yavakṣāra has been proved to be very effective for the problem - pittaja mūtrakṛṣchra. All the clinical symptoms seen in the patients show a highly significant result (P= 0.001).

2. The clinical trial shows that the percentage of improvements in all laksañaṣ (symptom) together is 77.08 % in drug treated group as compared to 7.04 % in the control group.

3. No side effects of the medicines were found during the entire period of the trial.

4. Improvement in the laksañaṣ takes place within 24 hours of the administration of the drug. Majority of the symptoms were reduced at the end of the trial.

5. The present āyurvédika drug trial appears to be broad spectrum, effective, cost-effective, can be given to all the age groups.
Case Paper Proforma

Case Paper For The Dissertation "The Clinical Study Of Gōkṣūra Kvātha With Yavakṣāra In Pittaja Mūtra Kṛcchra For Ph.D. (Ayu.)

UNIVERSITY OF PUNE

BY: Vaidya B.B.Kadlaskar

GUIDE: PROF. DR.S.V.Deshpande

CONSENT

I hereby give consent to undergo examination and subsequent treatment in the project "THE CLINICAL STUDY OF Gōkṣūra Kvātha WITH Yavakṣāra IN Pittaja Mūtrakṛcchra. Undertaken by Vaidya B.B.Kadlaskar. I am aware of nature of possible effects of the medications to be used. I have given my consent in complete conciousness and without being under any pressure.

Date - Name

Sign / Thumb

I .General Information:

1. Name
2. Age
3. Address
4. Wt.
5. Marital Status
6. Sex
7. Education
8. Occupation
9. Religion
II. History

1. Prakṛti
2. History of prev. illness
3. Family history
5. Nidāna - Pittaja Mūtrakṛchra

III. General Examination:

1. Pulse (Nāḍī)
2. Bowels (Mala)
3. Tongue (Jivhā)
4. Urination (Mūtra)
5. Skin (Tvaka)
6. Eyes (Drka)
7. Constitution (Ākṛti)
8. Digestive Power (Āgni)
9. Sāra
10. Sahanana
11. Tolerance (Satva)
12. Sātmya
13. Sabda
14. Power (Bala)
15. B.P.
16. Weight

IV. Mūtravaha Strōtasa Parikṣaṇa

Kidney
Bladder
Penis / vagina

Ureter
Urethra

V. Āhāra Hētū

Tīkṣṇa Ouṣadha
Alcohol (Rukṣa Madya)
Fish (Ānupa Matsya)  Adhyaśana
Kaṭū Āmla Rasātisēvāna  Uṣṇa Madhyapāna
Atibhōjanāta

**Habitat**

Ativyāyāma  Nityaprasaṅga
Drutapṛṣṭhayānāta  Atinṛtya
Gaura Varṇa Strī Sēvana  Śrama
Avyāma  Vēgāvarōdha

**Disease Oriented**

<table>
<thead>
<tr>
<th>Ajīrṇa</th>
<th>Udāvarta</th>
<th>Śiśna Kalā Śūtha</th>
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<tbody>
<tr>
<td>Śarkarā</td>
<td>Jvara</td>
<td>Oupasargika Mēha</td>
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<tr>
<td>Chardī</td>
<td>Atisāra</td>
<td>Śiśnagata Upasaṅkāca</td>
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<table>
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<tr>
<th>Mūtrāghāta</th>
<th>Aśmarī</th>
<th>Prostate</th>
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<td>Ārbudha</td>
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<td>Arśa</td>
<td>Phymosis</td>
<td>Phiraṅgīkhaṇja</td>
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<td>Dhātukṣaya</td>
<td>Īṃdriya Upaghāta</td>
<td>Mūtra Kṛmi</td>
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<td>Saraktamūtratā</td>
<td>Uttāna Strīsaṅga</td>
<td>Yōṣāpasmāra</td>
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**VI. Laksāna (symptoms)**

<table>
<thead>
<tr>
<th>Duḥkhēna Pravṛtti</th>
<th>Pīta Mūtrama</th>
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<tbody>
<tr>
<td>Sarakta Mūtrama</td>
<td>Sadāha Mūtrama</td>
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<td>Muhūrmūhū Mūtrama</td>
<td>Ḫaridrā Mūtrama</td>
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<td>Uṣṇa Mūtrama</td>
<td>Kṛṣṇa Mūtrama</td>
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<tr>
<td>Muṣka Mēhana Bastibhiḥ</td>
<td>Āgninā Dhayamānaiḥ</td>
</tr>
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</table>
Ayurvedika Mūtra Parikṣaṇa

Varṇa

Gandha

Mūtra Parikṣaṇa (Ādhunika)

VII. Upaśaya- Ānupaśaya

VIII. Samprāpti

IX. Cikitsā Sūtra

X. Cikitsā