APPENDIX 1

QUESTIONNAIRE FOR THE ADOLESCENTS

INSTRUCTIONS

1. Please do not write your name on the questionnaire.

2. Do not discuss the questionnaire with your friends before answering.

3. Your responses will be kept confidential. Thus, be honest in your responses.

   Nobody will know about your responses, not even your teachers or parents.

4. Questions can be clarified if any problem arises.

5. This research is purely for academic purposes.

SOCIO-DEMOGRAPHIC CHARACTERISTICS

1. Sex of respondent
   
   (a) Male
   
   (b) Female

2. What is your age now

3. In what class are you
   
   (a) Standard
   
   (b) Form
   
   (c) College

4. What is your religion or denomination?

   (a) Protestant
(b) Catholic

(c) Islam

(d) Other (specify)

5. What is your parent’s marital status?

6. What is the total number of children your parents have including yourself?

7. What is the occupation of your parents?

   (a) Father

   (b) Mother

SEXUAL BEHAVIOUR KNOWLEDGE, ATTITUDE, AND PRACTISE

1. What is your main source(s) of information on sexual behaviour?
   Please outline

2. What kind of information can you say you have received from the above named source (Be specific with each source outlined above)

3. (a) Do you have a (a) Boyfriend

   (b) Girlfriend

4. Have you ever had sexual intercourse?

5. If yes to above, with whom did you have your first sex

   with

6. How old were you when you first had sex?

7. What influenced you to indulge in your first sexual intercourse?
8. How often do you have sex
___________ --'- _______ 

9. Do you use any protective mechanism
____________________________

10. If yes to above (no. 9) what type of protective mechanism
(a) Condom
(b) Family Planning Method,
   Specify___________________________________________
(c) Others________________________________________

11. Do you receive any form of guidance on sexual matters from:
   (a) Parents
   (b) Grandparents
   (c) Siblings
   (d) Church
   (e) School
   (f) Other (specify)

12. If yes for any of the above, state the kind of guidance/advice you receive

13. If no for any of the above (no. 11) state why,________________________

14. In your opinion do you think adolescents should engage in sex before marriage
   and why? ____________________________________________

15. Can you state the type of STDs you know about ____________________________

16. In which way do you think HIV/AIDS is mostly
   transmitted__________________________________________

17. Have you heard about family planning methods? If yes, which ones do you know
   about?____________________________________________
18. In your opinion, how is the general sexual behaviour of the young people in this division?

19. What is your opinion about sex involvement by the young people in this division?

20. What do you think highly influences adolescents to indulge in sex in this division?

21. Outline some of the things you discuss with your friends about sex.

22. Do you think your friend(s) engage in sex?

23. (a) Do you know a student(s) who may have dropped from school because of pregnancy?
   (b) If yes to above, how many in the past two years?
   (c) Please approximate her/their age(s)

24. What kind of programs do you like watching in the
   (a) Television
   (b) Cinema(Movies)
   (c) Internet
   (d) Etc

25. What kind of music do you like listening to?

26. Name the kind of
   (a) Magazines
   (b) Newspaper articles
   (c) Internet program etc, you like reading most?
27. (a) Is there any forum in your society where the youth is educated on sexuality matters?

(b) If yes, who constitutes the forum (the educators)?

(c) If yes (a) how is the number of attendants?

i) Zero

ii) Very low

iii) Low

iv) High

v) Other

(d) What matters are usually discussed?

28. Do you personally either

(a) Smoke

(b) Take alcohol

(c) Any other form of drug

THANK YOU VERY MUCH FOR YOUR PARTICIPATION
INTERVIEW GUIDE FOR KEY INFORMANTS

1) Name and social/position

2) How is the general behaviour of the young people in this Division. **Probe** on sexual behaviour, drugs etc.

3) In your opinion, is there a difference between the adolescents of today and those of earlier generation? **Probe** on issues touching on sexual activity, relationships, premarital pregnancies, STDs/HIV etc.

4) Account for the process of socialisation of Boys and Girls in both the traditional and modern period. **Probe** on rites of passage; overall behaviour of young people including sexuality expectations.

   Further **Probe** on traditional and modern view about sex, pregnancy and marriage amongst adolescents.

5) In your opinion, is the modern society playing its role in educating and socialising the adolescents on sexuality matters; if yes, in what way? If no, why? **Probe**

6) What do you think the society ought to do to cope with emerging adolescent sexual behaviour and other sexuality issues like HIV/AIDS/STDs.

7) What factors do you think account for contemporary adolescent sexual behaviour in this division.

8) What is the rate of (a) Teenage pregnancies (b) HIV/AIDS in this division.

   Note (same questions will be utilised for FGDs with the key informants)
FOCUS GROUP DISCUSSION: A GUIDE FOR ADOLESCENTS

1) What are the main problems that are faced by a majority of young people of your age?

2) Do young people receive any organised lessons on guidance and counselling on sexuality matters? If yes, then from whom and what kind of information? If no, why?

3) Who actually do you think should communicate to young people on sexuality issues in these modern times and why?

4) Find out on their sexual intercourse involvement; relationship with opposite sex, knowledge on STDs/HIV/AIDS/Abortion and Pregnancy as well as their attitude about pre-marital sex.

5) What are the main sources of information on sexuality issues amongst the adolescents.

6) What are some of the Mass Media messages that most of the adolescents identify with?

7) What are some of the sexuality problems facing adolescents in this division?

8) Can they identify HIV/AIDS cases in the Division as well as School dropouts due to pregnancies?
Appendix – 2

Geographical Location of Kenya

Kения

Sudan

Uganda

WESTERN

Lake Victoria

INYANZA

Tanzania

Ethiopia

RIFT VALLEY

NORTH EASTERN

Somalia

INDIAN OCEAN

NAIROBI

CENTRAL
Appendix -3

Administrative Map of Machakos District