A Word of Gratitude

“A good teacher is like a candle - it consumes itself to light the way for others.”

Primary and prime, I would like to convey my deep and sincere appreciation to my illustrious supervisor Dr. Sheel Sharma, Professor, Food Science and Nutrition, Banasthali University for the kindness, immense and immeasurable, he has bestowed upon me leading me to a dip into an ocean of knowledge. His prolific guidance enlightened me no ends for not only developing my skills and efforts in this research endeavor but also fostering deeper insight into my being for future commitment in the subject. I gratefully venerate his inspiring guidance and enthusiastic involvement at every stage of this investigation, from the conceptual to the culmination points. Using his wealth of percepts, practices and investigative approach to research problems, he has acted as an apt torch bearer, counselor and motivator in this pursuit of research endeavour. His precious help, suggestions and contribution in making this work reach logical conclusion are so mammoth that more I write, more it seemed to remain unwritten. In fact, he is the one who took me to the shore from the sea. I find myself very fortunate to have worked under his direction and supervision.

Banasthali University

(Ruchi Chaudhary)

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