APPENDIX I
DATA SHEET OF ENROLMENT OF THE STUDENTS OF RAHI BLOCK

NAME OF SCHOOL:

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REMARKS
APPENDIX II
DATA SHEET OF RETENTION OF THE STUDENTS OF RAHI BLOCK

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APPENDIX III

PERCEPTION SCALE OF MDM PROGRAM FOR TEACHERS

SUPERVISOR: Dr. Kavita Mittal/ Dr. Jasdeep Kaur

INVESTIGATOR: Mrs Ruchi Bhargava

Please fill the following information’s:

NAME   GENDER
AGE   WORKING SINCE
QUALIFICATION   GRADE

NAME OF SCHOOL

LOCALITY – RURAL/URBAN

INSTRUCTIONS

This Perception scale consists of 50 statements aimed to know the perception of the concerned teachers towards effectiveness on the mid day meal program. For each statement five alternatives are given. The five alternatives are Strongly Agree (S.A.), Agree (A), Undecided (U. D.) Disagree (D), and Strongly Disagree (S.D.A.) Please express your view in any five alternatives are given, by making tick mark (✓) on the cell below that preferred response. Your answers will be used for research purpose only and will be kept confidential.

1. I believe MDM as wastage of time.
   (S.A.) (A.) (U.D.) (D) (S.D.A.)
2. I think that timetable should be more flexible for the execution of MDM program
   (S.A.) (A.) (U.D.) (D) (S.D.A.)
3. All students reside in school after taking MDM.
   (S.A.) (A.) (U.D.) (D) (S.D.A.)
4. I monitor that various teachers do not attend school regularly since the implementation of MDM.
   (S.A.) (A.) (U.D.) (D) (S.D.A.)
5. Daily food expenditure on MDM has documented properly in the school.
   (S.A.) (A.) (U.D.) (D) (S.D.A.)
6. Balanced diet is provided to the students in MDM.
   (S.A.) (A.) (U.D.) (D) (S.D.A.)
7. The food that is served in MDM is liked by all the students.
   (S.A.) (A.) (U.D.) (D) (S.D.A.)
8. Customary assessment is done by school Principal concerning MDM.
   (S.A.) (A.) (U.D.) (D) (S.D.A.)
9. The large part of my time is exhausted on arrangement of MDM as compare to teaching.
   (S.A.) (A.) (U.D.) (D) (S.D.A.)
10. I experience commotion in teaching due to MDM.
11. Students enrolment has increased since the execution of MDM.

12. I obtain two or three leaves in a week owing to the additional load of MDM.

13. School has appropriate storage space for MDM associated material.

14. Appropriate and equivalent quantity of food is distributed among students.

15. Every student obtains his/her serving of food (MDM) provided by the school.

16. Regular inspection is conducted by government officials in favor of MDM program.

17. I deem MDM as wastage of material and non-material resources of school.

18. MDM disturbs teaching activities in the school.

19. Student attendance has increased after implementation of MDM.

20. MDM has adverse influence on the teacher’s attendance.

21. Our school is well prepared with the requisite equipments for MDM.

22. High quality food products is distributed among students.

23. Students finish the food properly, which is served to them.

24. Higher authorities visit school while students get MDM.

25. If I am not occupied in MDM planning, I can dedicate additional time to students for their study.

26. We have to cut down time span of every period of school due to MDM.

27. Since the implementation of MDM, the yearly retention level of students has increased.

28. I think about MDM as additional burden on teachers.

29. The place where MDM supply store is, not sterile.

30. Several students reject to receive MDM because of its degraded eminence.

31. Students’ attention towards learning has augmented since they have been acquiring MDM.

32. Every employee is observed vigilantly that correct quantity is served to students.

33. I do not find leisure time in the school because of MDM.
34. I have to pay more concentration on MDM instead of teaching.
35. Dropout rate decreased after implementation of MDM.
36. Mid day meal program’s execution is very time consuming for every teacher.
37. School maintains every proceedings concerning MDM.
38. I observe vigorous and rapid development of students due to MDM food.
39. MDM is a fortunate thing for those students who are underneath poverty line
40. Sometimes parents are also invited by the school authorities for the experience and oversee MDM.
41. Government should spend funds on infrastructure of primary schools instead on MDM.
42. Students’ concentration towards study have increased after implementation of MDM.
43. I take extra classes of students due to hectic timetable of MDM.
44. Sometimes our school borrows some equipments and utensils from adjacent schools.
45. MDM is served regular on proper time.
46. Several students request for supplementary servings of food.
47. Several students attend school merely for MDM food.
48. Mainly my time is spent on preparing timetable of MDM as compared to teaching.
49. I monitor numerous shortcomings in MDM documentation.
50. School provides separate utensils to each student for MDM food.
APPENDIX IV

PERCEPTION SCALE OF MDM PROGRAM FOR STUDENTS

SUPERVISOR: Dr. Kavita Mittal/ Dr. Jasdeep Kaur

INVESTIGATOR: Mrs. Ruchi Bhargava

Please fill the following information’s:

NAME  GENDER
AGE  FATER’S NAME
CLASS
NAME OF SCHOOL

INSTRUCTIONS

This Perception scale consists of 40 statements aimed to know the perception of the concerned students towards effectiveness on the mid day meal program. For each statement five alternatives are given. The five alternatives are Strongly Agree (S.A.), Agree (A), Undecided (U.D.) Disagree (D), and Strongly Disagree (S.D.A.) Please express your view in any five alternatives are given, by making tick mark (✓) on the cell below that preferred response. Your answers will be used for research purpose only and will be kept confidential.

1. My only motive for coming to school is studies.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)

2. I cheerfully eat whole MDM because of its excellent taste.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)

3. I get variety of meal in MDM.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)

4. Sometime, my parents visit school to perceive MDM quality.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)

5. I am satisfied with the meal, which I get from MDM.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)

6. I leave the school after getting MDM meal.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)

7. I rinse my hands before eating meal in school.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)

8. I come to school regularly because of MDM.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)

9. The quality of MDM is as fresh as home cooked food.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)

10. I prefer my own home cooked food.  
(S.A.) (A.) (U.D.) (D) (S.D.A.)
11. I clean my utensils before eating MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
12. I will encourage my friends to get enrolled in school because of MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
13. Sometime MDM committee asks my option of food item for MDM menu.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
14. Sometimes I left MDM unfinished because of its awful taste.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
15. Most of my friends attend school for MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
16. I sometimes observe that the food served in MDM is stale.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
17. I come regularly to school since the MDM program has started.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
18. I bring my own utensils from home for MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
19. My parents are concerned in menu planning for MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
20. I eat complete amount of food served in MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
21. I can eat more joyfully if there is more variety of food in MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
22. I do not get sufficient amount of MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
23. I bring more fresh and hygienic food as compared to that which is served in MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
24. MDM is served appropriately in school.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
25. My teachers admire me for my regular attendance.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
26. Properly cooked and fresh food is served to us in MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
27. Every student gets equal quantity of food in MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
28. My attendance has increased since I started getting MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
29. I often force myself to eat MDM without my desire.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
30 I sometimes complain to teachers for non variety of food in MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
31. Storage space of MDM associated material is hygienic and proper.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
32. Teachers eat MDM with us.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
33. I have started fondness in study since I started getting MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
34. Sometime serving utensils are not suitably washed.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
35. Teachers oversee properly while we take MDM.
36. I am healthy because of my own food.
37. Provision for drinking water is good in our school.
38. MDM program is favorable for economically weak students only.
39. I am nowadays more focused on my learning after getting MDM.
40. High authorities visit regularly for inspection of MDM.
APPENDIX V

PERCEPTION SCALE OF MID DAY MEAL PROGRAM FOR PARENTS

SUPERVISOR : Dr. Kavita Mittal/ Dr. Jasdeep Kaur

INVESTIGATOR: Mrs. Ruchi Bhargava

Please fill the following information’s:

NAME  GENDER
AGE  OCCUPATION
NO. OF CHILDREN  QUALIFICATION

INSTRUCTIONS

This Perception scale consists of 35 statements aimed to know the perception of the concerned parents towards effectiveness on the mid day meal program. For each statement five alternatives are given. The five alternatives are Strongly Agree (S.A.), Agree (A), Undecided (U. D.) Disagree (D), and Strongly Disagree (S.D.A.) Please express your view in any five alternatives are given, by making tick mark (✓) on the cell below that preferred response. Your answers will be used for research purpose only and will be kept confidential.

1. I am satisfied with the MDM program running in the school because it helps in removing the financial burden of parents.
   (S.A.)  (A.)  (U.D.)  (D)  (S.D.A.)

2. MDM program should run up to Secondary stage.
   (S.A.)  (A.)  (U.D.)  (D)  (S.D.A.)

3. My child studies properly after getting MDM.
   (S.A.)  (A.)  (U.D.)  (D)  (S.D.A.)

4. I encourage my child to get MDM in the school.
   (S.A.)  (A.)  (U.D.)  (D)  (S.D.A.)

5. Servings of meal in MDM are not enough to satisfy the hunger of children.
   (S.A.)  (A.)  (U.D.)  (D)  (S.D.A.)

6. My child has gained weight due to MDM.
   (S.A.)  (A.)  (U.D.)  (D)  (S.D.A.)

7. MDM program should close because as it is not doing any good.
   (S.A.)  (A.)  (U.D.)  (D)  (S.D.A.)

8. I do not allow my child to have MDM in school.
   (S.A.)  (A.)  (U.D.)  (D)  (S.D.A.)

9. I always give suggestions for the betterment of MDM program in school.
   (S.A.)  (A.)  (U.D.)  (D)  (S.D.A.)
10. I enrolled my child in school after the MDM program had launched.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

11. The nutritional value of MDM is not proper for growing children.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

12. Children get attracted to school because of MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

13. Since the MDM has launched many parents have started sending their children to school.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

14. MDM has adversely affected the health of my child.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

15. My child has become more attracted towards studies because of MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

16. I did not allow my child to take MDM because it is prepared and kept in unhygienic condition.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

17. Eating MDM results in minor ailments (Stomach upset etc) health problem in my children.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

18. My child’s interest in study increased after the implementation of MDM program.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

19. I allow my child to take MDM as I can’t afford food for my child.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

20. MDM program should continue.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

21. My suggestions regarding MDM are taken seriously by school officials.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

22. After the implementation of MDM my child become more regular to school.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

23. My child doing well in studies since he/she get MDM in school.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

24. My child happily tells about school experience regarding MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

25. I encourage other parents to allow their child to eat MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

26. I see marked changes in my child health.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

27. My child encourages other children to go to school.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

28. Other parents have started sending their children since the MDM has started.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

29. I will not allow my child to set at home or work rather I would like to send him to the school.
(S.A.) (A.) (U.D.) (D) (S.D.A.)

30. Quality and quantity of food is satisfactory.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
31. We want to keep our children in school because they find good quality of food in the school.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
32. Other parents encourage their children to take MDM because of its good quality.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
33. I see marked changes in my child’s studies.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
34. My child regularly goes to school.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
35. My child enjoys every meal, which he/she get in MDM.
(S.A.) (A.) (U.D.) (D) (S.D.A.)
APPENDIX VI

Interview Schedule for Parents

1. Parents of: 2. Class:
3. Age: 4. Sex:
5. Educational Qualification: 6. Occupation:

7. Monthly Income of the family: ( )
   (a) Below 1 thousand   (b) 1000-2,500   (c) 2,500-5,000
   (d) 5,000-10,000   (e) 10,000-20,000   (f) More than 20,000

8. Do you send your children to school every day: Yes/ No

9. Do you allow them to have their meal in school: Yes / No

10. If no, why: ( )
   (a) Food is not hygienic   (b) Quality is not good   (c) Quantity is not enough
   (d) Social discrimination   (e) any other, specify

11. Do you feel cooked meals as substitute or supplement to regular food: Yes / No

12. Impact of MDM on the children:
   (a) Weight gain   Yes / No   (b) Frequency of falling ill Increase/ Decrease/ Constant
   (c) More active in the studies Yes / No   (d) Performance increased   Yes / No
   (e) Do you feel it has increased nutrition of your children   Yes / No

13. Were you satisfied with the quality of food? Yes / No

14. Do you feel MDM has disturbed the teaching activities in the school Yes / No

15. Did you ever give any complain/suggestion for the betterment of MDM: Yes / No

16. If yes, mention the staff and his/ her position to which you gave complain: ------

17. How regularly meal is served: ( )
   (a) Everyday   (b) _____ times in a week   (c) _______times in a month

18. Your opinion on hygienic ness of food: ( )
   (a) Good   (b) Fair   (c) Bad

19. Impact of MDM on motivation of children to attend the school: ( )
   (a) Going regularly   (b) Going sometimes   (c) Going only for food
   (d) Not going   (e) anything else, specify

20. Impact of meals on afternoon attendance: ( )
   (a) Increased   (b) No impact   (c) Decreased

21. What you feel about the impact of MDM on socialization process of children: ( )
   (a) Increased   (b) No impact   (c) Decreased

22. Suggestions to overcome shortcomings of the scheme:

Remarks:
APPENDIX VII

Interview Schedule for Students

Name: 
Father's Name: 
Age: 
Class: 
School Name: 

1. Do you come to school regularly: Yes/No
2. If no, why? ( )
   (a) Work at home  (b) No interest in reading  (c) Parents do not allow me to come  (d) Any other, specify
3. Do you eat MDM at school: Yes / No
4. Frequency of eating: ( )
   (a) Daily  (b) Once in a week  (c) Twice in a week  (d) Thrice in a week  
   (e) Four times in a week  (f) Five times in a week  (g) Six times in a week
5. If no, why: ( )
   (a) It is not tasty  (b) It is not hygienic  (c) Quantity is very less  
   (d) My parents do not allow me  (e) My mother gives my lunch box every day  
   (f) Social discrimination  (g) Any other
6. If yes, do you get regular MDM: Yes / No
7. Name of the dish, which is liked the most: ____________
8. Name of the dish, which is disliked the most: ____________
9. Do you eat the entire amount of food given to you: Yes / No
10. Do you ask more serving: Yes / No
11. Do you eat before coming to school: Yes / No
12. Do you eat after going home: Yes / No
13. Does your school provide MDM regularly: Yes / No
14. If no, have you asked about the reason for not serving: Yes / No
15. Time of distribution of MDM: ____________
16. What is the total time taken for food distribution: ____________
17. Do the MDM management committee ever asked you about your choice of food items: 
18. Do you bring your lunch box to school: Yes / No
19. Is any of you involved in menu planning: Yes / No
20. Are any of your parents involved in menu planning: Yes / No

Remarks:
APPENDIX VIII

Interview Schedule for Teachers

1. Name of the MDM In-charge / teacher:

2. Level of satisfaction with MDM program: (   )
   (i) Fully satisfied (ii) Satisfied (iii) OK (iv) Not satisfied

3. If not, why:
   (i) Burden (ii) Waste of time

4. Has the enrolment increased after implementation of MDM: Yes/No

5. Has the attendance increased after implementation of MDM: Yes/No

6. Has the span of attention of the students increased after implementation of MDM: Yes/No

7. Do you maintain any records or not: Yes/No

8. What is the type of MDM: (   )
   a Cooked b. Dry ration

9. Supply of ration: (   )
   (i) Monthly (ii) Weekly (iii) Daily

10. Regularity of supply of ration: (   )
     (i) Always (ii) Sometimes (iii) Never

11. Do you receive the supply as per the fixed norm by government: (   )
     (i) Always (ii) Sometimes (iii) Never

12. Do you have proper storage facilities: (   )
     (i) Always (ii) Sometimes (iii) Never

13. Where do you keep raw ingredients? (   )
     (i) On a raised platform (ii) Floor (iii) Any other (specify)

14. Are there any separate cooking shed for cooking: Yes/No

15. Are utensils washed before used: Yes/No

16. Are food items washed before preparation: Yes/No

17. Are prepared food items kept covered: Yes/No

18. Who provides utensils? (   )
    (i) Government (ii) School arrange (iii) Parents (iv) Others (Specify)
19. Where MDM is served?  
(i) Class room  (ii) School veranda (iii) Open place in school. (iv) Others

20. Is the same menu being served every day: Yes/No

21. Is the same amount of food served to all students: Yes/No

22. Do all the students eat together: Yes/No

23. Do all students have their meal in school: Yes/No

24. Do you have source of drinking water in school: Yes/No

25. Is the water supply regular: Yes/No

Remarks: