List of Tables:

Table no.2.1 Distribution of Punarnava species as recorded in Indian floras.
Table no.2.2. Phytochemicals reported from B. diffusa L.
Table no.2.3. World-wide ethnobotanical uses of B. diffusa L.
Table no.2.4. Ethnomedicinal uses of Punarnava species in India.
Table no.2.5. The uses of Punarnava in the indigenous systems of medicine.
Table no.2.6. Important formulations of Punarnava species.
Table no.2.7. Therapeutic uses of Punarnava species.
Table no.3.1. Geographical features of Pune district.
Table no.3.2. Percentage seed germination (In vitro)
Table no.3.3. Percentage seed germination (in field)
Table no.3.4. Percentage of stem cutting sproutings.
Table no.3.5. Taxonomic position of genus Trianthema
Table no.3.6. Taxonomic position of genus Boerhaavia.
Table no.3.7. Comparative account on morphological features of Punarnava species.
Table no.3.8. Pollen characteristics of Punarnava species.
Table no.3.9. Characteristics of trichomes (upper epidermis) of Punarnava species.
Table no.3.10. Characteristics of trichomes (lower epidermis) of Punarnava species.
Table no.3.11. Characteristics of epidermal cells and stomata (upper epidermis) of Punarnava species.
Table no.3.12. Characteristics of epidermal cells and stomata (lower epidermis) of Punarnava species.
Table no. 3.13. Comparative account of anatomical peculiarities on Punarnava species (root).

Table no. 3.14. Comparative account of anatomical peculiarities on Punarnava species (stem).

Table no. 3.15. Comparative account on anatomical peculiarities of Punarnava species (midrib).

Table no. 3.16. Comparative account on anatomical peculiarities of Punarnava species (lamina).

Table no. 3.17. Maceration studies of Punarnava species (root).

Table no. 3.18. Characteristic features of starch grains of Punarnava species.

Table no. 3.19. Results of quantitative microscopy of Punarnava species.

Table no. 3.20. Organoleptic characteristics of Punarnava species (root powder).

Table no. 3.21. Microchemical tests for root powder of Punarnava species.

Table no. 3.22. Results of microchemical tests for root, stem and leaf powders of Punarnava species.

Table no. 3.23. Fluorescence characteristics of root powders of Punarnava species.

Table no. 3.24. Fluorescence characteristics of stem powder of Punarnava species.

Table no. 3.25. Fluorescence characteristics of leaf powders of Punarnava species.

Table no. 3.26. Total percent of carbohydrates of Punarnava species.

Table no. 3.27. Total percent of proteins of Punarnava species.
Table no.3.28. Total percent of fats of Punarnava species.
Table no.3.29. Total percent of crude fibres of Punarnava species.
Table no.3.30. Ash values for root, stem and leaf of Punarnava species.
Table no.3.31. Proximate analysis for the root of Punarnava species.
Table no.3.32. Extractive values for root, stem and leaf of Punarnava species.
Table no.3.33. Fluorescence characteristics of root extractives.
Table no.3.34. Fluorescence characteristics of stem extractives.
Table no.3.35. Fluorescence characteristics of leaf extractives.
Table no.3.36. Histochemical tests for root of Punarnava species.
Table no.3.37. Histochemical tests for stem of Punarnava species.
Table no.3.38. Histochemical tests for leaf of Punarnava species.
Table no.3.39. Results of histochemical tests for root, stem and leaf of Punarnava species.
Table no.3.40. Phytochemical tests for root extracts of Punarnava species.
Table no.3.41. Results of phytochemical tests for root, stem and leaf extracts of Punarnava species.
Table no.3.42. TLC studies of ethanol extracts of Punarnava species in chloroform: methanol (80:20) solvent system.
Table no.3.43. TLC studies of petroleum ether extracts of Punarnava species in chloroform: methanol (80:20) solvent system.
Table no.3.44. TLC studies of ethanol extracts of Punarnava species in methanol:chloroform: acetic acid:benzene (3:17:0.4:2) solvent system.
Table no.3.45. TLC studies of n-butanol fraction of Punarnava species in methanol: chloroform: acetic acid: benzene (3:17:0.4:2) solvent system.

Table no.3.46. HPTLC observation for Punarnava species in chloroform:methanol (80:20) solvent system at 285 nm.

Table no.3.47. Fractionation of n-butanol extract on column chromatography.

Table no.3.48. Fractionation of absolute methanol fraction on column chromatography.

Table no.3.49. Comparative account on physical and chemical properties of isolated compound and Punarnavoside.

Table no.3.50. HPTLC patterns for different seasons in methanol:chloroform:acetic acid:benzene (3:14:0.4:2) at 254 nm.

Table no.3.51. Results of seasonal variations studies for Punarnava species.

Table no. 3.52. Behavioural observations on albino mice.

Table no.3.53. Effect of ethanol extracts of Punarnava species on TPA- induced mouse-ear edema.

Table no.3.54. Effect of Punarnava on carageenan induced edema in albino rats.

Table no.3.55. Effect of B. diffusa L. extracts on percent inhibition of spore germination.

Table no.3.56. Effect of B. erecta L. extracts on percent inhibition of spore germination.

Table no.3.57. Effect of B. repanda Willd. extracts on percent inhibition of spore germination.
Table no.3.58. Effect of *T. portulacastrum* L. extracts on percent inhibition of spore germination.

Table no.3.59. Effect of *B. diffusa* L. extracts on fungal growth (Poisoned food technique)

Table no.3.60. Fluorescence characteristics for powders of market samples.

Table no.3.61. Fluorescence characteristics for extracts of market samples.

Table no.3.62. Histochemical tests for market samples.

Table no.3.63. Phytochemical tests for market samples.

Table no.3.64. TLC studies of ethanol extracts of market samples in chloroform: methanol (80:20) system at 254 nm.

**List of Plates**

PLATE-I. Habit of Punarnava species.

PLATE-II. Root systems of Punarnava species.

PLATE-III. Twigs of Punarnava species.

PLATE-IV. Flowers of Punarnava species.

PLATE-V. Fruits of Punarnava species.

PLATE-VI. Pollens of Punarnava species (X 1000).

PLATE-VII. Trichomes (upper epidermis) of Punarnava species.

PLATE-VIII. Trichomes (lower epidermis) of Punarnava species.

PLATE-IX. Stomata (upper epidermis) of Punarnava species.

PLATE-X. Stomata (upper epidermis) of Punarnava species.

PLATE-XI. Stomata (lower epidermis) of Punarnava species.

PLATE-XII. Stomata (lower epidermis) of Punarnava species.

PLATE-XIII. T.S. of *B. diffusa* L. root.
PLATE-XIV. T.S. of *B. erecta* L. root.

PLATE-XV. T.S. of *B. repanda* Willd. root.

PLATE-XVI. T.S. of *T. portulacastrum* L. root.

PLATE-XVII. Root T.S. of Punarnava species (X 400).

PLATE-XVIII. Stem T.S. of Punarnava species (X 400).

PLATE-XIX. Leaf of T.S. of Punarnava species (X 400).

PLATE-XX. Isolated elements (root) of Punarnava species.

PLATE-XXI. Isolated elements (root) of Punarnava species.

PLATE-XXII. Starch grains and crystals of Punarnava species.

PLATE-XXIII. Vein-islets number of Punarnava species.

PLATE-XXIV. Palisade ratio of Punarnava species.

PLATE-XXV. Root powder analysis of Punarnava species.

PLATE-XXVI. Root powder analysis of Punarnava species.

PLATE-XXVII. TLC of Punarnava species.

PLATE-XXVIII. TLC of Punarnava species.

PLATE-XXIX. Effect of Punarnava species (ethanol extract) on TPA-induced mouse ear-edema.

PLATE-XXX. Effect of Punarnava species (ethanol extract) on TPA-induced mouse ear-edema.

PLATE-XXXI. Effect of Punarnava species (ethanol extract) P.O. treatment on Carrageenan induced rat paw edema at the end of 4 hrs.

PLATE-XXXII. Effect of Punarnava species (ethanol extract) P.O. treatment on Carrageenan induced rat paw edema at the end of 4 hrs.

PLATE-XXXIII. Market samples of Punarnava.
List of Graphs

Graph no.1. HPTLC pattern for *B. diffusa* L. alcohol (ethanol) extract in chloroform:methanol (80:20) at 285 nm

Graph no.2. HPTLC pattern for *B. erecta* L. alcohol (ethanol) extract in chloroform: methanol (80:20) at 285 nm

Graph no.3. HPTLC pattern for *B. repanda* Willd. alcohol (ethanol) extract in chloroform:methanol (80:20) at 285 nm

Graph no.4. HPTLC pattern for *T. portulacastrum* L. alcoholic (ethanol) extract in chloroform:methanol (80:20) at 285 nm.

Graph no.5. Comparative HPTLC pattern for Punarnava species alcohol (ethanol) extract in chloroform:methanol (80:20) at 285 nm

Graph no.6. HPTLC pattern of *B. diffusa* L. alcohol (ethanol) extract for monsoon season in methanol:chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.

Graph no.7. HPTLC pattern of *B. diffusa* L. alcohol (ethanol) extract for winter season in methanol:chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.

Graph no.8. HPTLC pattern of *B. diffusa* L. alcohol (ethanol) extract for summer season in methanol:chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.

Graph no.9. Comparative HPTLC pattern of *B. diffusa* L. for monsoon, summer and winter seasons.

Graph no.10. HPTLC pattern of *B. erecta* L. alcohol (ethanol) extract for monsoon season in methanol:chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.
Graph no. 11. HPTLC pattern of *B. erecta* L. alcohol (ethanol) extract for winter season in methanol:chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.

Graph no. 12. HPTLC pattern of *B. erecta* L. alcohol (ethanol) extract for summer season in methanol:chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.

Graph no. 13. Comparative HPTLC pattern of *B. erecta* L. for monsoon, summer and winter seasons.

Graph no. 14. HPTLC pattern of *B. repanda* Willd. alcohol (ethanol) extract for monsoon season in methanol: chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.

Graph no. 15. HPTLC pattern of *B. repanda* Willd. alcohol (ethanol) extract for winter season in methanol: chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.

Graph no. 16. HPTLC pattern of *B. repanda* Willd. alcohol (ethanol) extract for summer season in methanol: chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.

Graph no. 17. Comparative HPTLC pattern of *B. repanda* Willd. for monsoon, summer and winter seasons.

Graph no. 18. HPTLC pattern of *T. portulacastrum* L. alcohol (ethanol) extract for monsoon season in methanol: chloroform: acetic acid: benzene (3:17:0.4:2) at 254nm.

Graph no. 19. HPTLC pattern of *T. portulacastrum* L. alcohol (ethanol) extract for winter season in methanol: chloroform: acetic acid: benzene (3:17:0.4: 2) at 254 nm.
Graph no. 20. HPTLC pattern of *T. portulacastrum* L. alcohol (ethanol) extract for summer season in methanol:chloroform: acetic acid:benzene (3:17:0.4:2) at 254 nm.

Graph no. 21. Comparative HPTLC pattern of *T. portulacastrum* L. for monsoon, summer and winter seasons.

**List of Identification keys**

Identification Key 1: Identification key based on morphological characters for Punarnava species.

Identification Key 2: Identification key based on pollen features for Punarnava species.

Identification Key 3: Identification key based on the characteristics of epidermal cell and stomata characteristics for Punarnava species.

Identification Key 4: Identification key based on the anatomical features of root for Punarnava species.

Identification Key 5: Identification key based on microscopic characteristics of root powder for Punarnava species.

Identification Key 6: Identification key for root powders based on fluorescence characteristics at 254 nm for Punarnava species.

Identification Key 7: Identification key based on fluorescence at 366 nm for root, stem and leaf powders of *B. diffusa* L.
Identification Key 8: Identification key based on HPTLC pattern at 285 nm for Punarnava species in chloroform: methanol (80:20) solvent system.

List of spectra
IR spectra of Punarnavoside.

List of Maps
Map no.1. Location map of the study area.
Map no.2. Map of Punarnava species sample collection sites.