# CONTENTS

<table>
<thead>
<tr>
<th>CHAPTER</th>
<th>TITLE</th>
<th>PAGE NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acknowledgement</td>
<td></td>
<td></td>
</tr>
<tr>
<td>List of Tables</td>
<td></td>
<td></td>
</tr>
<tr>
<td>List of Figures</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## INTRODUCTION

1. **Background of the Study** 1
2. **Empowerment** 3
3. **Women Empowerment** 10
4. **Women Empowerment Framework** 11
5. **UNDP and Women Empowerment** 13
6. **Empowerment Through Decision-making Powers** 15
7. **Indicators of Women Empowerment** 15
   1. **CIDA’S Empowerment Indicators** 16
   2. **Human Development Report’s Empowerment Indicators** 17
8. **Economic Empowerment Through Credit Programmes** 21
9. **Credit for Women in Rural Bangladesh** 22
10. **National Policy for Empowerment of Women in India (2001)** 23
11. **Policy Approaches to Women** 25
12. **The Concept and Definition of Self Help Groups (SHGs)** 28
13. **Women SHGs** 31
1.13 The Genesis and Growth of SHGs in India
1.14 Organization for the Women and by the Women
1.15 SHGs in Tamil Nadu
1.16 Ideological Perspective and Research Problem
1.17 Aim and Objectives of the Study
1.18 Significance of the Study

II REVIEW OF LITERATURE

2.1 Studies Related to Empowerment Aspects
2.2 Studies Related to Formations and Functions of SHGs
2.3 Studies Related to Socio–Economic Empowerment of Women SHGs
2.4 Studies Related to Problems Faced by Women in SHGs

III RESEARCH METHODOLOGY

3.1 Profile of the Study Area
3.2 Formulation of Problem
3.3 Formulation of Hypothesis
3.4 Pilot Study
3.5 Research Design
3.6 Construction of the Tool for the Study Purpose
3.7 Pre – Test
3.8 Methods of the Study
3.9 Methods of Data Collection
3.10 Analysis of Data
3.11 Chapterization
3.12 Limitations of the Study
Bibliography

APPENDICES

Interview schedule

Group Particulars