CHAPTER I

Introduction

1.1 Introduction:

Man’s humanness finds its beautiful and holy realization in the education. The entire energy of human personality finds itself realized in the education. Education is a source of power that gives influential outlook to all the spheres of life gives them a solid foundation while inducing changes. Education is the only process that helps man in realizing his humanness and induces him to behave with other human beings as a true man. Human intelligence and soul find their upliftment though education.

School, is a temple of education. a teacher imparting education has to be dynamic, patient as well as kind hearted. A teacher should be committees to the mental make-up that today’s student will be a citizen for tomorrow and that he must assimilate with diverse elements of the society. He should mold the students by keeping it in mind that they are future pillars of the nation. It is the duty of a teacher to coordinate the activities to make our nation strong and progressive.

The work of eradicating the influence of all undesirable powers in our society and making every individual in our country emotionally healthy. So as to enable them lead a happy, satisfied and successful life ought to be achieved thought the process of education. A school and teacher are responsible for the emotional development of student. a teacher assumes and important place in the students psyche. Hence teacher should strive himself to be what he expects his student to be a like.

The individual based discrimination found in the society has been practiced. Since times immemorial and it attempts to distinguish between superior and inferior ways. By the end of the 18th century attempts were made to measure the intelligence of an individual. It was therefore
understood that an individual could reach the pinnacle in his respective field by the dint of his creativity. Hence it is necessary that every individual must possess emotional intelligence.

According to Goleman introduced Emotional Intelligence to the world. “Emotional intelligence is a kind of ability that enables you to acquaint yourself with your own emotions as well as the emotions of others and inspires you to manage well your own emotions and your relations with others.”

It is necessary to regulate the intensity of outburst of varied human emotions when these emotions are expressed. It is necessary to take care of their impact on our relations with the surrounding persons. This necessitates that an individual mental health reflects the positive work of the entire personality. One that has a good mental health naturally possess a good personality.

It is said that in the process of learning and teaching. Teaching is an art and that a person who possesses this art can become a successful teacher. In this art a teacher individual personality. Knowledge experience aptitude for the subject and the presentation of the knowledge are necessary.

A teacher is the head of the group in the class. He is the one who creates situation for the learning and teaching process. A teacher style means the way in which he achieves the interaction in his class. A teacher style needs to be objective oriented. Teaching should communicate with the heart. In teaching style such elements as concept, presentation, teacher-student interaction, sincerity about teaching, creation of atmosphere, lucidity and simplicity in teaching, planning and devotion to teaching can be considered.

An education institute is an important center for fostering the emotional development of teacher. If environment available in an institute is positive its exerts good influences over the teacher and it helps in better development of the educational institute. If all the members and
teachers in a educational institute share a report based on love, respect, affection every member and teacher would feel secure. If institutional environment is democracy oriented it helps in shaping up a better emotional intelligence.

It is rightly said that:

Good teacher makes a good school
Good school makes a good student
Good students make a good citizen
Good citizen make a good nations

Hence it is the mission of a teacher to achieve the overall development of students instead of only erudite development.

It is seen that today education has made a student literati but not necessarily cultured. To correct this abnormally it is necessary that a teacher provides attention to a student’s emotional development through D.T.ed education

1.2 Concept Emotional intelligence

Introduction:

Emotion this word comes from the word emovere. Emovere means to stir or to move. love, interest, affection, eager, hate. All this are emotional intelligence. In emotional intelligence physical attraction and mental solution- problem included

Oxford dictionary given the meaning of emotions as ‘any agitation or disturbances of mind feeling, passion and excited mental state.’

In every human being there is a emotions according to this to understand the situation it reacts positively or negatively.
To have a control on mind it is necessary to proper use of emotions. Our emotions sometimes it reflects in outlook, our attitude.

1.3 Importance of Emotions

1. Emotions are depending upon the human experience in their life and sometimes it is difficult to show such an emotions.

2. Emotions are differentiate in experience and human i.e. is if one person shows his love and affection towards their country at the same time it is not necessary that other person also has same feeling. Like one if one person experience lots of happiness in their at the same time it is not necessary that other also experience the same.

3. Emotions ways and style are different at different place.

1.4 Emotional intelligence

To live a life and to success it is not necessary to use only intelligence. To be success it is necessary to have contribution of emotions 80% and intelligence 20%. Psychologists say that in every human being emotion can be more or less and it is due to their atmosphere or surrounding.

1.5 Emotional intelligence human Symptoms

1. High emotional intelligence person is being always happy, proud, confident

2. This people understand the drawbacks of it and find out the way wherever possible. This person removes the negativity from itself and make confident in their work.

3. This people make a strategy of life and practice to follow the rules and make a target the goals in their life.

4. This people is making self responsible of their work and making it perfectly.

5. Emotional intelligence people choose right path and try to use the right path.
6. An emotional intelligence person controls their emotions and makes rules. This people understand their capacity.

7. Emotional intelligence make always happy to others. This people are always talking in manner. This people make a marked in front other which is a high marked.

8. This people are soft, humble, sympathy, love and affection human being so that this people have a good benchmarked in their society.

9. High emotional intelligence people is never being frustrate air confused regarding their future and life

10. These people are always ready to accept the changes in their life and confident to have a successful life.

11. These people are having popular, success and leadership qualities in their self.

1.6 Parts of emotional intelligence

**Emotional Intelligence**:

It indicates a land of intelligence of skill that involves the ability to obtain knowledge and positive influence of one’s own and other people emotions. This term was introduced by John A Mayer and Peter Shalvey in a series of paper to psychology. This method shows how to divert once emotions. This term is has went a long way towards affective adaptation to an environment, as we understand and influence other people’s emotions.

Golemenac gave a popular Definition of emotional intelligence has largely moved move toward the technical and cautions. The definition of Mayer and slavery has public interest in putting together the researches of neurophysiology, psychology and cognitive science. The goleman observations are as follows. Reptilians brain as a part of human brain which responses mainly for human emotions. (ad its function are similar to reptiles) response mainly for human emotions. These changes occur automatically. Eg ; In case of fights or attacks, This reptilian
brain responses automatically in certain situations. Reptilian brain responses automatically in certain situations. The reptilian brain which links with the neuron in the human brain, can according event some control on the largely automatic responses of the reptilian brain. This response which is given is genetic. Hence it is possible for one to control his emotions in certain situations extent. It is also possible to achieve greater ability to manage emotions. There is no relation between intelligence quotient and success of life. According to gleemen success is related to emotional intelligence. He divided the emotional intelligence into five parts

(1) To identify and name one’s state of emotion and understand link between emotions.

(2) To manage one’s emotional states and control emotions. The emotional state is more adequate one.

(3) To achieve and be successful we had to enter into the emotional state associated with a drive.

(4) To be sensitive and influence with other people’s emotions.

(5) To enter and support the satisfactory interpersonal relationships. Goldmines view on the emotional competitions build on each other in wearily one must identify one’s emotions in order to manage them in one aspect. The management of emotions in valves entering to achieve emotional states.
1. **Self awareness**:

(Being able to identify emotions Knowing them level of awaverness)

Knowing own feelings when we think of it. E.g. while sitting we tap leg as floor, because your teacher is not leaving you when lecture time is over & thus student make some gestures through which their in patience is time (Negative - ve actions) without expression of emotions feelings etc. Due to - ve action we fail to focus on solving problem. Due to loss of focus one may go to depression and to overcome depression person may become drinking / alcohol addict. Instead of this we can solve problem by a good and Positive talk & the feelings can be identified thus happier life can be lived.

Brain & mind work together to voice call emotion. & fondly we know to unknown when our thoughts are clear, we can also take next step to solve problem. If we identified our feelings the next step in emotional awareness is to accept the feelings sometimes we might think that we
shouldn’t feel independent, instead of listening others voices, we have to listen our own inner voice.

There are several benefits to fully accepting our feelings first, our feelings are important/major part because we can do change in ourself easily. Second, it takes less energy, third, when we accepted feelings we can shift our energy to actions. (Reflection of our feeling having two different levels of emotional awareness.) Think about a event during the day and our feelings about that event our feelings & identifying them takes place quickly when we predict our feelings can we make decision to our going term happiness. Due to this our prediction of negative feelings is to help us to avoid something wrong. In second phrase, positive feeling motivate us.

We make decision when we see or listen to others our ability to guess people as we incident, our concentration and awareness develops great ability of forecast. Experience of forecast naturally leads more and forecast simply in following diagram.
2. **Self regulation**:

Naturally everything in the world by emotional feelings and expression of opinion. we manage action and reaction building are experience.

Regulation controls situation before others. Generally positive opinion expressing by self one i. s self managing theory.

It is the behavior with flexibility to others and optimistic to situation.
3. **Motivation:**

1) The desire or need of intensity

2) reward value of the goal.

3) Individual and his or her peers

For example- The students that study till the last to get better grades in the class.
“The psychological feature that arouses an organism to action towards a designed goal the reason for that action”

Motivation is a type of physical, psycho emotional and spiritual energy that can feel when it happened.

![Motivation Diagram](image)

4. **Empathy:**

Empathy is an individual’s ability to view situations from another person’s perspective and understand their feelings and needs. Empathic individuals establish trust and rapport with others. Which makes it easier for them to address people’s needs and lead them toward effective
solutions to problems. Individuals with high levels of empathy are also less prone to judge or stereotype other

How to increase Empathy To increase empathy. Try putting yourself in someone else, position more often. For example, if you are making a decision that will affect others, try a to envision how it might make them feel, or ask yourself how you would feel in their situation. Try to envision ways that you can help them deal with the effects of this decision. Also take responsibility for your actions, and apologize when they hurt others, Increasing your level of empathy can help you communicate with others more effectively by showing them that you are interested in them and value their thoughts, opinions and emotions.

5. Social Skills:

We probably all know people, either at work to in out personal lives, who are really good listeners. No matter what kind of situation we’re in. They always seem to know just what a to say-and how to say it- so that we’re not offended or upset. They’re caring and considerate, and even if we don’t find a solution to our problem, we usually leave feeling more hopeful and optimistic
1.7 Teaching Effectiveness:

Atmosphere, Lucidity And Simplicity In Teaching, Planning And Devotion To Teaching Can Be Considered.

An Education institute is an important center, for fostering. The emotional development of teachers, Environment in the educational institute ought to be conducive to the emotional development of a teacher. If environment available in an institute is positive it exerts good influence over the teacher and it helps in batter development of the educational institute. If all the
members and teachers in on educational institute share a report base on love, respect, diligence and affection every member and teacher would feel secure. An institutional environment is exceedingly important in folding the emotional intelligence of a person. An interaction between members and teachers in an institute, responsibilities, cultural atmosphere, mutual trust, values, merit, and the leadership qualities of a manager are important factors that influence the emotional intelligence. If institutional environment is democracy oriented it helps in shaping up a better emotional intelligence.

A Teacher is unceasingly engaged in developing his student in the matter of learning, thoughts and knowledge through the process of education. Hence, a Teacher considers himself fortunate in shaping up successful lives of his students.

Hence, it is the mission of a teacher to achieve the overall development of students instead of only erudite development.

It is seen that today’s education has made a student literate but not necessarily cultured, to correct this anomaly it is necessary that a teacher provides attention to a student’s emotional development through D.T.Ed education.
1.8 Need of study:
Today’s student are the future citizens of this nation and the teachers who mould them are the veritable architects. While moving around in the society the children pursuing learning naturally pick up the things that occur around them. Hence, the job of developing the personality of these children starts at at home in the childhood and reaches the school.

At present the field of education lays more stress on the development of understanding. Teaching is imparted only of the sole purpose of disseminating knowledge. As a result the emotional development of students does not find any scope. To succeed in the life in a true sense. One needs not only intelligence, but also emotional intelligence for this purpose first of all the teachers need to be stable emotionally. It is the job of a teacher to care for the emotions of a student and to give proper direction to his life

In the process of teaching emotional intelligence plays a vital role. More the teacher is emotionally developed more the influential teaching style he adopts. If the mental health of a teacher is good. He can bring about positive changes in the life of a student.

While moving around in an institution, a teacher is required to play diverse roles. While playing these roles it is necessary to have unity co-operation. Mutual trust and positive interaction between the institution and the teachers. He is required to strike a fine balance between the duties and responsibilities towards the school of the institution. A teacher who is emotionally stable can face this situation Happily.

When researcher summarized the research, he realized has been carried out on various element such as emotional intelligence and the study of environmental values, emotional intelligence and creativity, emotional intelligence and socialization, teaching style and the scientific concepts and teaching style and its impact. After taking number of the said researcher realized that there has been no research on the topic of emotional intelligence and teaching effectiveness in college of education. And institutional environment. Hence researcher felt the
need to devote the present research to the topic of emotional intelligence and teaching style. The mental health and institutional environment vis-à-vis the teachers at the college education, who shape up the life of the students and achieve the developed of the nation.

1.9 Importance of Research.

In present research will be the benefit of all components of teaching learning. For personal development of knowledge intellect there can be tried different skills which affection teaching.

Pupil’s nature and thinking are modified by the medium of education. In which not only mistake for grantable because pupils future and his life is termed by education. Through this research. New condition, different age capacity and their comparison skill can be tried to arouse in together.

Emotional intellect is a part of teaching learning with this intellect it can be incised in persons life. Emotional intellect is important and usefully to duffel the aim of all physical mental emotional and spiritual level. Teacher should understand the pupils emotion and other skills in teaching learning process. That for firstly teacher should be capable in emotionally.

It is need to provide attention on pupils through academic education because it there is no development of emotion and if there is no control an emotional it effect on pupils and they sad on own self.

In education importance is given to quality and it is aim of all pupils on this point of view there is need of emotional intellect on nature principles them numerals quality.

We can express our emotions to anyone with emotional intellect. A person who has emotional intellect realizes how to laugh. He realizes the problem of others.
It in crises the well personality by containing the emotional intellectual study in curriculum.

It is must complimentary to develop pupil’s personality and teacher’s effective teaching by intellect and knowledge. For that emotional intellect is important to create effective teaching and input the human relationship.

1.10 Conclusion:

Intelligence is important success style and Emotional intelligence is the key to relate one to other and achieve the goals and emotional intelligence is important as Regular intelligence companies used and emotional intelligence is important as Regulars intelligence Companies used testing to hire new Emotional intelligence is an awareness of the action and jailing that they effect these around us.