Figure 4.1 Comparison of mean value of height (cm) of Physically active and non active rural girls of Patiala.

Figure 4.1.1 Comparison of mean value of height (cm) of Physically active and non active rural girls of Bathinda.
Figure: 4.1.2 Comparison of mean value of height(cm) of Physically active and non active rural girls of Pathankot

Figure: 4.1.3 Comparison of mean values of weight(kg) of Physically active and non active rural girls of Patiala.
Figure: 4.1.4 Comparison of mean values of weight (kg) of Physically active and non active rural girls of Bathinda.

Figure: 4.1.5 Comparison of mean values of weight (kg) of Physically active and non active rural girls of Pathankot.
Figure 4.1.6 Comparison of mean values of body fat percentage of Physically active and non active rural girls of Patiala.

Figure 4.1.7 Comparison of mean values of body fat percentage of Physically active and non active rural girls of Bathinda.
Figure 4.1.8 Comparison of mean values of body fat percentage of Physically active and non active rural girls Pathankot.

![Graph showing comparison of body fat percentage]

Figure 4.1.9 Comparison of mean values of Lean body mass (kg) of Physically active and non active rural girls of Patiala.

![Graph showing comparison of lean body mass]
Figure 4.1.10 Comparison of mean values of Lean body mass (kg) of Physically active and non active rural girls of Bathinda.

Figure 4.1.11 Comparison of mean values of Lean body mass (kg) of Physically active and non active rural girls Pathankot.
Figure 4.1.12 Comparison of mean values of Hb (g/100 ml of blood) of Physically active and non active rural girls of Patiala.

Figure 4.1.13 Comparison of mean values of Hb (g/100 ml of blood) of Physically active and non active rural girls of Bathinda.
Figure 4.1.14 Comparison of mean values of Hb (g/100 ml of blood) of Physically active and non active rural girls of Pathankot

Figure 4.1.15 Comparison of mean values of BMI of Physically active and non active rural girls of Patiala.
Figure 4.1.16 Comparison of mean values of BMI of Physically active and non active rural girls of Bathinda.

Figure 4.1.17 Comparison of mean values of BMI of Physically active and non active rural girls of pathankot.
Figure 4.1.18 Comparison of mean values of energy intake of Physically active and non active rural girls of Patiala.

Figure 4.1.19 Comparison of mean values of energy intake of Physically active and non active rural girls of Bathinda.
Figure 4.1.20 Comparison of mean values of energy intake of Physically active and non active rural girls pathankot

Figure 4.1.21 Comparison of mean age at menarche(years) of Physically active and non active rural girls of Patiala.
Figure 4.1.22 Comparison of mean age at menarche(years) of Physically active and non active rural girls of Bathinda.

Figure 4.1.23 Comparison of mean age at menarche(years) of Physically active and non active rural girls of Pathankot.
Figure 4.2 Comparison of mean value of height of Physically active and non active urban girls of Patiala

Figure 4.2.1 Comparison of mean value of height of Physically active and non active urban girls of Bathinda.
Figure 4.2.2 Comparison of mean value of height of Physically active and non active urban girls of Pathankot

Figure 4.2.3 Comparison of mean values of weight (kg) of Physically active and non active rural girls of Patiala
Figure 4.2.4 Comparison of mean values of weight (kg) of Physically active and non active rural girls of Bathinda.

Figure 4.2.5 Comparison of mean values of weight (kg) of Physically active and non active rural girls of Pathankot.
Figure 4.2.6 Comparison of mean values of body fat percentage of Physically active and non active urban girls of Patiala

Figure 4.2.7 Comparison of mean values of body fat percentage of Physically active and non active urban girls of Bathinda.
Figure 4.2.8 - Comparison of mean values of body fat percentage of Physically active and non active urban girls of Pathankot.

![Graph showing comparison of body fat percentage between active and non-active urban girls of Pathankot.]

Figure 4.2.9 - Comparison of mean values of lean body mass (kg) of Physically active and non active urban girls of Patiala.

![Graph showing comparison of lean body mass between active and non-active urban girls of Patiala.]

Figure 4.2.10 Comparison of mean values of lean body mass (kg) of Physically active and non active urban girls of Bathinda.

Figure 4.2.11 Comparison of mean values of lean body mass (kg) of Physically active and non active urban girls of Pathankot.
Figure 4.2.12 Comparison of mean values of BMI of Physically active and non active urban girls of Patiala

Figure 4.2.13 Comparison of mean values of BMI of Physically active and non active urban girls of Bathinda.
**Figure 4.2.14** Comparison of mean values of BMI of Physically active and non active urban girls of Pathankot.

![Graph showing comparison of mean BMI values between physically active and non-active urban girls in Pathankot.](image)

**Figure 4.2.15** Comparison of mean values of Hb (g/100ml of blood) of Physically active and non active urban girls of Patiala.

![Graph showing comparison of mean Hb values between physically active and non-active urban girls in Patiala.](image)
Figure 4.2.16 Comparison of mean values of Hb (g/100ml of blood) of Physically active and non active urban girls of Bathinda.

Figure 4.2.17 Comparison of mean values of Hb (g/100ml of blood) of Physically active and non active urban girls of Pathankot.
Figure 4.2.18 Comparison of mean values of energy intake (kcal) of Physically active and non active urban girls of Patiala.

Figure 4.2.19 Comparison of mean values of energy intake (kcal) of Physically active and non active urban girls of Bathinda.
Figure 4.2.20 Comparison of mean values of energy intake (kcal) of Physically active and non active urban girls of Pathankot.

Figure 4.2.21 Comparison of mean values of age at menarche (years) of Physically active and non active urban girls of Patiala.
Figure 4.2.22 Comparison of mean values of age at menarche (years) of Physically active and non active urban girls of Bathinda.

Figure 4.2.23 Comparison of mean values of age at menarche (years) of Physically active and non active urban girls of Pathankot.
Figure 4.3 Comparison of mean values of height (cm) of Physically active rural and urban girls of Patiala

Figure 3.1 Comparison of mean values of height (cm) of Physically active rural and urban girls of Bathinda.
Figure 4.3.2 Comparison of mean values of height (cm) of Physically active rural and urban girls of Pathankot.

Figure 4.3.3 Comparison of mean values of weight (kg) of Physically active rural and urban girls of Patiala.
Figure 4.3.4 Comparison of mean values of weight (kg) of Physically active rural and urban girls of Bathinda.

Figure 4.3.5 Comparison of mean values of weight (kg) of Physically active rural and urban girls of Pathankot.
Figure 4.3.6 Comparison of mean values of body fat percentage of Physically active rural and urban girls of Patiala.

Figure 4.3.7 Comparison of mean values of body fat percentage of Physically active rural and urban girls of Bathinda.
Figure 4.3.8 Comparison of mean values of body fat percentage of Physically active rural and urban girls of Pathankot.

Figure 4.3.9 Comparison of mean values of lean body mass (kg) of Physically active rural and urban girl of Patiala.
Figure 4.3.10 Comparison of mean values of lean body mass (kg) of Physically active rural and urban girl of Bathinda.

Figure 4.3.11 Comparison of mean values of lean body mass (kg) of Physically active rural and urban girl of Pathankot.
Figure 4.3.12 Comparison of mean values of BMI of Physically active rural and urban girls of Patiala.

Figure 4.3.13 Comparison of mean values of BMI of Physically active rural and urban girls of Bathinda.
Figure 4.3.14 Comparison of mean values of BMI of Physically active rural and urban girls of Pathankot.

Figure 4.3.15 Comparison of mean values of blood haemoglobin (g/100ml of blood) of Physically active rural and urban girls of Patiala
Figure 4.3.16 Comparison of mean values of blood haemoglobin (g/100ml of blood) of Physically active rural and urban girls of Bathinda.

Figure 4.3.17 Comparison of mean values of blood haemoglobin (g/100ml of blood) of Physically active rural and urban girls of Pathankot.
Figure 4.3.18 Comparison of mean values of energy intake (kcal) of Physically active rural and urban girls of Patiala

Figure 4.3.19 Comparison of mean values of energy intake (kcal) of Physically active rural and urban girls of Bathinda
Figure 4.3.20 Comparison of mean values of energy intake (kcal) of Physically active rural and urban girls of Pathankot.

Figure 4.2.21 Comparison of mean values of age at menarche (years) of Physically active rural and urban girls of Patiala.
Figure 4.2.22 Comparison of mean values of age at menarche (years) of Physically active rural and urban girls of Bathinda.

Figure 4.3.23 Comparison of mean values of age at menarche (years) of Physically active rural and urban girls of Pathankot.
Figure 4.4 Comparison of mean values of height (cm) of Physically Non-active rural and urban girls of Patiala.

Figure 4.4.1 Comparison of mean values of height (cm) of Physically Non-active rural and urban girls of Bathinda.
Figure 4.4.2 Comparison of mean values of height(cm) of Physically Non active rural and urban girls of Pathankot.

Figure 4.4.3. Comparison of mean values of weight(kg) of Physically Non active rural and urban girls of Patiala.
Figure 4.4.4 Comparison of mean values of weight(kg) of Physically Non active rural and urban girls of Bathinda.

Figure 4.4.5 Comparison of mean values of weight(kg) of Physically Non active rural and urban girls of Pathankot.
Figure 4.4.6 Comparison of mean values of body fat percentage of Physically Non active rural and urban girls of Patiala.

Figure 4.4.7 Comparison of mean values of body fat percentage of Physically Non active rural and urban girls of Bathinda.
Figure 4.4.8 Comparison of mean values of body fat percentage of Physically Non-active rural and urban girls of Pathankot.

Figure 4.4.9 Comparison of mean values of lean body mass (kg) of Physically Non-active rural and urban girls of Patiala.
Figure 4.4.10 Comparison of mean values of lean body mass (kg) of Physically Non-active rural and urban girls of Pathankot.

Figure 4.4.11 Comparison of mean values of lean body mass (kg) of Physically Non-active rural and urban girls of Pathankot.
Figure 4.4.12 Comparison of mean values of BMI of Physically Non active rural and urban girl of Patiala

Figure 4.4.13 Comparison of mean values of weight of Physically Non active rural and urban girl of Bathinda.
Figure 4.4.14 Comparison of mean values of bmi of Physically Non active rural and urban girls of Pathankot

Figure 4.4.15 Comparison of mean values of Hb(g/100ml of blood) of Physically Non active rural and urban girls of Patiala
Figure 4.4.16 Comparison of mean values of Hb (g/100mlof blood) of Physically Non-active rural and urban girls of Bathinda.

Figure 4.4.17 Comparison of mean values of Hb (g/100mlof blood) of Physically Non-active rural and urban girls of Pathankot.
Figure 4.4.18 Comparison of mean values of energy intake (kcal) of Physically Non active rural and urban girls of Patiala.

Figure 4.4.19 Comparison of mean values of energy intake (kcal) of Physically Non active rural and urban girls of Bathinda.
Figure 4.4.20 Comparison of mean values of energy intake (kcal) of Physically Non active rural and urban girls of Pathankot

Figure 4.4.21 Comparison of mean values of age at menarche (years) of Physically Non active rural and urban girls of Patiala
Figure 4.4.22 Comparison of mean values of age at menarche (years) of Physically Non-active rural and urban girls of Bathinda

Figure 4.4.23 Comparison of mean values of age at menarche (years) of Physically Non-active rural and urban girls of Pathankot