CHAPTER 5

SUGGESTIONS, LIMITATIONS, IMPLICATIONS AND CONCLUSIONS

5.1 SUGGESTIONS
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5.1 CONCLUSIONS:

1. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Psychological Well-being subscale – A Satisfaction. Mothers of Mentally Challenge Children have found to be better Satisfaction than Mothers of Autistic Children and Mothers of cerebral palsy children.

2. Significant difference is existed between Mothers of below Graduate and Mothers of Above Graduate of Children on Psychological Well-being subscale – A Satisfaction. Mothers of above Graduate have found to be better Satisfaction than Mothers of below Graduate.

3. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Psychological Well-being subscale – A Satisfaction. Above Graduate Mothers of Mentally Challenge Children have found to be better Satisfaction than remaining groups of Mothers.

4. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Psychological Well-being subscale – B Efficiency. Mothers of Mentally Challenge Children have found to be better Efficiency than Mothers of Autistic Children and Mothers of cerebral palsy children.

5. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Psychological Well-being subscale – B Efficiency. Mothers of above Graduate have found to be better Efficiency than Mothers of below Graduate.

6. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Psychological Well-being subscale – B Efficiency. Above Graduate Mothers of Mentally Challenge Children have found to be better Efficiency than remaining groups of Mothers.

7. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy
children on Psychological Well-being subscale – C Sociability. Mothers of Mentally Challenge Children have found to be better Sociability than Mothers of Autistic Children and Mothers of cerebral palsy children.

8. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Psychological Well-being subscale – C Sociability. Mothers of above Graduate have found to be better C Sociability than Mothers of below Graduate.

9. Significant interaction effect is not existed between Types of Mothers and Educational Level of Mothers on Psychological Well-being subscale – C Sociability.

10. Significant difference is not existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Psychological Well-being subscale – D Mental health.

11. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Psychological Well-being subscale – D Mental health. Mothers of above Graduate have found to be better Mental health than Mothers of below Graduate.

12. Significant interaction effect is not existed between Types of Mothers and Educational Level of Mothers on Psychological Well-being subscale – D Mental health.

13. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Psychological Well-being subscale – E Interpersonal relations. Mothers of Mentally Challenge Children have found to be better Interpersonal relations than Mothers of Autistic Children and Mothers of cerebral palsy children.

14. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Psychological Well-being subscale – E Interpersonal relations. Mothers of above Graduate have found to be better Satisfaction than Mothers of below Graduate.

15. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Psychological Well-being subscale – E Interpersonal relations. Above Graduate Mothers of Mentally Challenge
Children have found to be better Interpersonal relations than remaining groups of Mothers.

16. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on overall Psychological Well-being. Mothers of Mentally Challenge Children have found to be better Psychological Well-being than Mothers of Autistic Children and Mothers of cerebral palsy children.

17. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Psychological Well-being subscale – overall Psychological Well-being. Mothers of above Graduate have found to be better overall Psychological Well-being than Mothers of below Graduate.

18. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Psychological Well-being. Above Graduate Mothers of Mentally Challenge Children have found to be better overall Psychological Well-being than remaining groups of Mothers.

19. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Life Satisfaction subscale – A Personal Satisfaction. Mothers of Mentally Challenge Children have found to be better Personal Satisfaction than Mothers of Autistic Children and Mothers of cerebral palsy children.

20. Significant difference is not existed between Mothers of below Graduate and Above Graduate of Children on life satisfaction subscale – A Personal Satisfaction.

21. Significant interaction effect is not existed between Types of Mothers and Educational Level of Mothers on life satisfaction subscale – A Personal Satisfaction.

22. Significant difference is not existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Life Satisfaction subscale – B Health Satisfaction.

23. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Life Satisfaction subscale – B Health Satisfaction. Mothers of above Graduate have found to be better health Satisfaction than Mothers of below Graduate.
24. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Life Satisfaction subscale – B health Satisfaction. Below Graduate Mothers of cerebral palsy children have found to be better Health Satisfaction than remaining groups of Mothers.

25. Significant difference is not existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Life Satisfaction subscale – C Economic Satisfaction.

26. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Life Satisfaction subscale – C Economic Satisfaction. Above Graduate Mothers have found to be better Economic Satisfaction than below Graduate Mothers.

27. Significant interaction effect is not existed between Types of Mothers and Educational Level of Mothers on Life Satisfaction subscale – C Economic Satisfaction.

28. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Life Satisfaction subscale – D Marital Satisfaction. Mothers of cerebral palsy children have found to be better Marital Satisfaction than Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers.

29. Significant difference is not existed between Mothers of below Graduate and Above Graduate of Children on Life Satisfaction subscale – D Marital Satisfaction.

30. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Life Satisfaction subscale – D Marital Satisfaction. Above Graduate Mothers of cerebral palsy children have found to be better Marital Satisfaction than remaining groups of Mothers.

31. Significant difference is not existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Life Satisfaction subscale – E Social Satisfaction.

32. Significant difference is not existed between Mothers of below Graduate and Above Graduate of Children on Life Satisfaction subscale – E Social Satisfaction.
33. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Life Satisfaction subscale – E Social Satisfaction. Above Graduate Mothers of Mentally Challenge Children have found to be better social Satisfaction than remaining groups of Mothers.

34. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Life Satisfaction subscale – F Job Satisfaction. Mothers of Mentally Challenge Children have found to be better Job Satisfaction than Mothers of Autistic Children and Mothers of cerebral palsy children.

35. Significant difference is not existed between Mothers of below Graduate and Above Graduate of Children on Life Satisfaction subscale – F Job Satisfaction.

36. Significant interaction effect is not existed between Types of Mothers and Educational Level of Mothers on Life Satisfaction subscale – F Job Satisfaction.

37. Significant difference is not existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on overall Life Satisfaction.

38. Significant difference is not existed between Mothers of below Graduate and Above Graduate of Children on overall Life Satisfaction.

39. Significant interaction effect is not existed between Types of Mothers and Educational Level of Mothers on overall Life Satisfaction.

40. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Adjustment sub scale–A Home Adjustment. Mothers of Mentally Challenge Children have found to be better Home Adjustment than Mothers of Autistic Children and Mothers of cerebral palsy children.

41. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Adjustment sub scale–A Home Adjustment. Below Graduate Mothers have found to be better Home Adjustment than above Graduate Mothers.

42. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Adjustment sub scale–A Home Adjustment.
Adjustment. Below Graduate Mothers of Mentally Challenge Children have found to be better Home Adjustment than remaining groups of Mothers.

43. Significant difference is not existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Adjustment sub scale- B Health Adjustment.

44. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Adjustment sub scale- B Health Adjustment. Below Graduate Mothers have found to be better Health Adjustment than above Graduate Mothers.

45. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Adjustment sub scale- B Health Adjustment. Below Graduate Mothers of Mentally Challenge Children have found to be better Health Adjustment than remaining groups of Mothers.

46. Significant difference is not existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Adjustment sub scale- C Social Adjustment.

47. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Adjustment sub scale- C Social Adjustment. Below Graduate Mothers have found to be better Social Adjustment than above Graduate Mothers.

48. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Adjustment sub scale- Social Adjustment. Below Graduate Mothers of Mentally Challenge Children have found to be better Social Adjustment than remaining groups of Mothers.

49. Significant difference is not existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on Adjustment sub scale- D Emotional Adjustment.

50. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on Adjustment sub scale- D Emotional Adjustment. Below Graduate Mothers have found to be better Emotional Adjustment than above Graduate Mothers.

51. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on Adjustment sub scale- D Emotional Adjustment.
Adjustment. Below Graduate Mothers of Mentally Challenge Children have found to be better Emotional Adjustment than remaining groups of Mothers.

52. Significant difference is existed between Mothers of Mentally Challenge Children, Mothers of Autistic Children and Mothers of cerebral palsy children on overall Adjustment. Mothers of Mentally Challenge Children have found to be better overall Adjustment than Mothers of Autistic Children and Mothers of cerebral palsy children.

53. Significant difference is existed between Mothers of below Graduate and Above Graduate of Children on overall Adjustment. Below Graduate Mothers have found to be better overall Adjustment than above Graduate Mothers.

54. Significant interaction effect is existed between Types of Mothers and Educational Level of Mothers on overall Adjustment. Below Graduate Mothers of Mentally Challenge Children have found to be better overall Adjustment than remaining groups of Mothers.

5.2 SUGGESTIONS:

1. Type of family of mothers such as mothers of mentally challenged children of joint and nuclear family can be taken as independent variable in this research.

2. Co-relational study of mental health and certain areas of adjustment of mothers of mentally challenged children can be studied.

3. A study of certain personality dimensions of mothers of mentally challenged children can be studied.

4. Stress level of mothers and fathers of mentally challenged, autistic and cerebral palsy children can be studied.

5. Life satisfaction, adjustment and psychological well-being of parents of blind and orthopedic children can be also studied.

6. Comparative study of life satisfaction, adjustment and psychological well-being of parents of normal and disable children can be studied.
5.3 LIMITATIONS:
1. Sample size of this study was not so large therefore results of the present research cannot be generalized.
2. The sample of the present research was selected from various NGOs from Ahmedabad and Gandhinagar district only.
3. Socio economic status of mothers of disabled children was not taken in this research.
4. Only mothers of mentally challenged, autistic and cerebral palsy children were taken as participants in this research.
5. Only below graduate and above graduate mothers of disable children were taken in this study.
6. Area of residence of mothers (urban - rural) was not considered as independent variable in this study.
7. To analyzed the data Two Way Analysis of Variance was used only.

5.4 IMPLICATIONS:
1. Findings of this study can be helpful to other researchers who are working in this type of research.
2. Findings of this research can be helpful to understand mothers of mentally challenged, autistic and cerebral palsy children.
3. Findings of this research can be useful to various NGO's who are working in the welfare of mothers of disable children.
4. The findings of this study can be helpful to counselor and clinical psychologist who are working in this field.
5. The findings of this study can be helpful to government to make new polices in the field of disability.
6. The results of this study can also be helpful to society and social workers to understand mothers of disable children.