Conclusion & Summary
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In our study we conclude that

1. Most common age group 40 to 59 years.

2. According to Asia Pacific guidelines 41% are overweight and 18% are obese, so there is definite relation with over weight and obesity.

3. Family history positive in 20% patients.

4. Microalbuminuria in 15% patients

5. Retinopathy is 12%

6. 31% patients are hypertensive and 21% are prehypertensive.

7. 76% have classical symptoms, 20% have some infection and 15% neuropathy and 12% vague symptoms.

8. Dyslipidemia is more common in females.