Acknowledgement

If I am successful or I will be successful; definitely it is not possible by my efforts alone. A lots of visible and invisible prayers and wishes of divine people made/make it. My sincere gratitude to all of them. My sincere gratefulness to Almighty for his blessings, like such good people around me.

My sincere gratitude to my mentor, Professor M. K. Unnikrishnan (Unni Sir), a man of principles with immense knowledge, a sensible researcher and a perfect analyser. I am fortunate to work in his team, who guided me in all aspects by understanding me better than me. Thank you Sir.

I am obliged to Prabhakar Gaaru and Machender. You are the main source of this educational journey. Without you it might not be possible for me at Manipal University. Your valuable suggestions and ideas helped me to pave my journey path.

I am thankful to Dept. of Biotechnology, Govt. of India for supporting/funding the project.

My sincere gratitude to, Mahendra Pal Singh, Bibhuti Bhushan Kar, Srinivasa Marimganti and Sachin Kumar to render me shelter in their home (with a great comfort) in the month of December 2011 (peak winter) till I reached Manipal.

I am thankful to Aravind kumar (pharmaceutics dept.) for rendering me bike to search home at Manipal in initial days and helped me to understand the situation in academic point of view. I was fortunate to get a very supportive and co-operative house owner (Mr. B. S. Nayak). Thank you Uncle for your care as a friend and as a father.

My sincere gratitude to Chethan GH for his help, support, co-operation and suggestions; initially from searching house to screening test compounds. I do remember those days of struggle when in vitro screening was became very big challenge for us and your support boosted me to pass-out with successful happy colours. Thank you Chethan for everything.
I am thankful to Geetha Mathew for her support, co-operation and suggestions in in vitro research. She helped me to initiate research work in pharmacology lab.

I am thankful to Piya Paul Mudgal and Jayesh Mudgal for their timely help and support in my research work. Dear Jayesh, your suggestions for selecting strains in in vivo models and timely help of Mycobacterium butyricum were very helpful to speed-up my research work.

I sincere thanks to Neetinkumar Reddy and Mahendra Pal Singh for their well-timed support for my cell culture and molecular research work. Dear Neetin, I cannot forget your support and help for my in vitro research (initial days where I was new to the organisation) without
which journey would have really very difficult. Dear Friend Mahendra, most of the *in vitro* challenges were solved even you were physically away from Manipal University. Thanks a lot dear friends.

I am thankful to Magith Thambi and Viral Kotecha for their immense support during my early days in cell culture. Magith is generous in helping me even today. Thank you dear friends. I was fortunate enough to work with Anil Sariki. Thank you for your significant support during cell culture experiments. The most of the glucose uptake assays (*in vitro* & *ex vivo*), we did together were really memorable and successful. Probably that period was a major turning points in my research work. I am thankful for your cooperation throughout. I am thankful to Ganga Prasad (a cheerful person with funny instincts).

I am obliged to Kanishka Yelamanchi, Karthik Gourishetti, Srinivasa Reddy Jitta, Prasanthi Daram. Without them perhaps I would not complete my experiments on rodents. The limited resources and experimental constrains were became less stressful with your all help. Dear Kanishka, your help and cooperation (with cheerful smiles) during all end-point parameter estimations along with Akhila, were praiseworthy. The successful standardisation of acute lung inflammation model was possible because of Shashikant, Anand Bokare and Srinivasa Reddy Jitta. Most of the credit goes to Srinivasa Reddy Jitta and Karthik Gourishetti. I am thankful to Jyothi Kasa for her support during animal experiments. I appreciate her hard work and efforts. I am thankful to Priya Shetti for her co-operations. I am thankful to Mahesh Patil, John Paul, Asha Elizabeth and Subin Thomas for their care, support and helps during crucial days.

My sincere thanks to Kamal Selvaratinam (*DSS*-induced IBD experiment was successful because of you) and Shashikant Singh (valuable experimental-suggestions for standardising *LPS*-induced acute lung inflammation model) for their timely help and suggestions.

I am grateful to all the non-teaching staff of Pharmacology dept. (*Sanjeev Anna, Shivananda Anna, Sripati Sir, Asha mam, Bala and Soumya mam*) and Pharmacy practice dept. (*Asha, Geetha and Bhat sir*). I am thankful to Shridhar Prabhu Sir (*Animal House in charge*) and his complete staff for their support, co-operation and help.

My sincere thanks to Krishna Prabhu Sir and Suma Mam from MCOPS Stores dept. for their support and co-operation.

I am thankful to Pundalik Bhat Sir, Sunanda Mam and her team for their support and co-operation.

I am thankful to Jayshree Mam and all MCOPS office staff for their support and co-operation.

I am thankful to Mallik Sir, Srinivas Sir and Udupa Sir for giving me chance to do my PhD research work in Pharmacology Dept and their support, cooperation and suggestions.
I thank to my DAC members for their suggestions and continue support. Special thanks to my co-guide Prof. J. V. Rao Sir.

My sincere gratefulness to all the teachers of Pharmacology department (Kutti Sir, Pai Sir, Yogi Sir, Rekha Mam, Anoop Kishore, Nandakumar Sir, Nitesh and Madhavan Sir) for their selfless support. The words are insufficient to thank teachers.

My sincere thanks to all the teachers of Pharmacy Practice department (Sridharan Sir, Rajan Sir, V Rajesh Sir, R Rajesh Sir, Sonal Sekhar, Suhaj, John and Girish Tunga Sir) for their support and best wishes.

My sincere gratitude to the teachers (Vijay Bhaskar Sir, Prasant Sir, Jagadish Sir, Lalit Kumar, Vamshi Krishna, Shreetha Sir, Manthan Sir, Muddukrishna sir, Venkatachalam Sir of MIT) for their support, care and helps.

A tons of thanks to the QIP research scholars (Rupesh Sir, Bhagawthi Sir, Vijay Sir, Dhiren Sir, Anil Sir, Ayyadurai Sir, Keerthi Sir and Ramnath Sir) for their support and helps.

I am thankful to all the research scholars (especially Sidhartha, Ganesh, Alkesh, Amol, Kiran Avadhani, Muthukumar, Mridul Tiwari, Prateek Jain, Nimmy, Shilpi, Zenab, Anuraag, Ravi Raj and Revathi Mam) for their direct/indirect support and care.

I am grateful to Karthik Gourishetti, Subhankar Biswas, Sanchari Basu Mallik, Aarti Shah and Abhishek Shak for their support, care and helps.

I am thankful to all the students of Pharamcy Practice for their care, respect and co-operations.

I am thankful to you all dear “AMPK-activated research scholars (Akhila, Magith & Varsha)” for your timely activating my AMPK. Love you guys.

“Thank you” may not be sufficient to my friend group (Chethan, Hitesh, Pallavi, Narayanan, Shoja, Neetinkumar and Sukriti). My sincere gratitude.

I don’t have words to thank few special people (Neetinkumar Reddy, Akhila HS, Pawan G Nayak, Ramalingayya and Shoja); without them life would be difficult during my PhD tenure. You all made my life very simple and cheerful during those difficult days. My sincere gratitude.

I am owe to my parents, my wife (Vineela), my brother, family and friends. Words are not enough to describe their love. My sincere gratitude.

I don’t have sufficient words to express my gratefulness to you all. I am thankful to God for such divine people around me. I pray to Almighty for you all, for better health, successful, peaceful and joyful life a head.

Thank you 😊