ANNEXURE II

INTERVIEW SCHEDULE

I. DEMOGRAPHIC PROFILE:

1. Name of the Respondent:

2. Sex:  
   1. Male  
   2. Female

3. Age  
   1. 60 – 69  
   2. 70 – 79  
   3. 80 and Above

4. Qualification  
   1. Illiterate  
   2. Primary  
   3. Secondary  
   4. Graduation and above  
   5. Technical  
   6. Any other

5. Religion:  
   1. Hindu  
   2. Muslim  
   3. Christian  
   4. Jain  
   5. Any other

6. Caste:  
   1. Brahmins  
   2. Bunts  
   3. Billavas  
   4. Mogaveeras  
   5. Any other

7. Mother Tongue:  
   1. Kannada  
   2. Tulu  
   3. Konkani  
   4. Malayalam  
   5. Byari  
   6. Any other
8. Marital Status:  
   1. Married  
   2. Unmarried  
   3. Widowed  
   4. Divorced/ Separated

9. Occupation (Previous)  
   1. Organized Sector  
   2. Unorganized Sector  
   3. House wife

10. Income:  
    1. Salary  
    2. Pension  
    3. Property  
    4. Rent  
    5. Past Business Profit  
    6. No Income

II. ASSESSMENT OF FAMILY:
11. Type of family:  
    1. Nuclear Family  
    2. Extended Family  
    3. Joint Family

12. Are you involved in decision making for the family being in the Institution?  
   1. Yes  2. No

   If yes How?  
   1. They consult me over the phone and ask for suggestions.  
   2. They take me home when such decisions are made and discuss together  
   3. They come to the institution and sit with me for discussion  
   4. Any other

13. Do you become edgy or bad tempered when you think of your family members?  
   1. Yes  2. No

   If Yes why?  
   1. They are selfish  
   2. They are busy in their own work  
   3. They think of their happiness  
   4. They are ungrateful  
   5. Any other
14. Do you feel your people have used you when you were young and energetic, capable of holding the responsibility in the family and now just abandoned you?

1. Yes
2. No
3. Can't say

III. ASSESSMENT OF INSTITUTIONALIZATION:

15. Institution:
   1. Free
   2. Paid
   3. Partially Paid
   4. Private Paid/Free

16. Reasons for Institutionalization
   1. Migration of children for better life
   2. Do not have anyone to take care
   3. Disagreement with the son/daughter/daughter-in-law
   4. Did not want to be a burden
   5. Wanted independent life
   6. Financial constraints
   7. Any other.

17. Duration of the stay in the Institution.
   1. 1 – 10 years
   2. 11 – 20 years
   3. 21 – 30 years
   4. 31 – 40 years
   5. 40 years and above

18. Who placed you in the institution?
   1. Family members
   2. Neighbours
   3. Clubs
   4. Charity Associations
   5. Personal Decision
   6. Any other
IV. IMPACT OF INSTITUTIONALIZATION:

19. What was your immediate reaction when you came to know that you were being institutionalized?
   1. Shocked
   2. Depressed
   3. Angry at the family members
   4. Indifferent
   5. Happy
   6. Any other

20. Are you satisfied with the Institution?
   1. Yes
   2. No

   If Yes, Reasons:
   1. They take care of me very well
   2. They have good trained staff
   3. I feel at home with them
   4. The atmosphere is serene and peaceful
   5. Any other

21. Are you happy with the persons who take care of you in the Institution?
   1. Yes
   2. No

   If Yes why?
   1. They are very dedicated
   2. They never show any dislike towards me
   3. They provide food on time
   4. They never show any discomfort in their service
   5. Medical needs are met regularly
   6. Any other

22. Do you feel that the caretakers in the Institution show love and respect towards you?
   1. Yes
   2. No

   If Yes in what way?
   1. They understand my situation.
   2. They never demand from me anything.
   3. They try to build good relationship with family and others in the institution
   4. Whenever my family visits me they are also happy.
   5. They accept my views whenever I express them.
   6. Any other
23. Do you feel that the caretakers and the management make you feel secure in the Institution?
   1. Yes  2. No

   If Yes How?
   1. They never insult me on grounds of finance
   2. They always encourage me and comfort me in my distress
   3. They stand by me whenever I am down with illnesses
   4. They never say no to my needs like food, medicine, etc
   5. Any other

24. Do you feel that the caretakers and the management make you feel belonging to the institution?
   1. Yes  2. No

   If Yes How?
   1. They never isolate me anytime
   2. They involve me in various activities of the institution
   3. They listen to me without any prejudices
   4. They spend some leisure time with me
   5. Any other

25. Are you able to adjust with your co-inmates in the Institution?
   1. Yes  2. No

   If Yes, in what way?
   1. Able to share the wash rooms of the institutions
   2. Able to share the room with my roommate
   3. Able to put up with the inconveniences of the co-inmate in the room
   4. Able to tolerate the negative attitude of my co-inmate
   5. Any other

26. Do you interact freely with other inmates in the institution?
   1. With all
   2. With those who belong to my place
   3. Only with those who belong to my religion
   4. With those who are having good educational background
   5. I don’t interact with hetero sex
   6. Any other
27. Do you feel happy to ask for help from other inmates when you are in need of help?
   1. Yes
   2. No
   3. Can’t say

28. Would you have preferred to stay at home or institution?
   1. Home
   2. Institution

29. What is the advantage of staying in the institution?
   1. Peaceful living
   2. Spiritual Help
   3. Shelter
   4. Food and medication is provided on time
   5. Security
   6. Able to share of feelings freely
   7. Any other

V. ASSESSMENT OF SOCIAL CONDITION:

30. Do you participate in social gatherings (elderly meeting of AGE Mangalore /World Elderly day/Picnic arranged by the institutions) in the Institutions?
   1. Yes 2. No

   If Yes, Why?
   1. The institution forces me to participate
   2. I want to forget my worries
   3. I want to engage in some activities
   4. I am happy to meet many people when I go out
   5. Any other

31. Do you establish a friendly relationship with all fellow inmates in the institution?
   1. Yes 2. No
VI. ASSESSMENT OF ECONOMIC CONDITION:

32. How would you describe your present financial position?
   1. I do not depend on anyone for monitory support
   2. No worries as my children provide me the necessary things
   3. Enough to get my personal needs.
   4. Not sufficient to buy things like fruits, stationary, etc.
   5. Very poor

VII. ASSESSMENT OF HEALTH CONDITIONS:

33. Health conditions:

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Diseases</th>
<th>Before coming into the institution</th>
<th>After coming into the institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Hypertension</td>
<td></td>
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<tr>
<td>2.</td>
<td>Diabetes Mellitus</td>
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<td>3.</td>
<td>Cardiac related</td>
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<tr>
<td>4.</td>
<td>Rheumatism</td>
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<td>5.</td>
<td>Fatigue</td>
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<td>6.</td>
<td>Aching joints</td>
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<td>7.</td>
<td>Constipation</td>
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<td>8.</td>
<td>Dental problems</td>
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<tr>
<td>9.</td>
<td>Anemia</td>
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<td>10.</td>
<td>Respiratory disorder</td>
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<td>11.</td>
<td>Insomnia</td>
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<td>12.</td>
<td>Tuberculosis</td>
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<td>13.</td>
<td>Gastritis</td>
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<td>14.</td>
<td>Lumbar Spondilosis</td>
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<td>15.</td>
<td>Cervical Spondilosis</td>
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<tr>
<td>16.</td>
<td>Osteoporosis</td>
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<tr>
<td>17.</td>
<td>Vision impairment</td>
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<tr>
<td>18.</td>
<td>Skin problems</td>
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</tr>
</tbody>
</table>
34. What are the serious physical disabilities?

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Type of disability</th>
<th>Congenital</th>
<th>Acquired before 60 years</th>
<th>Acquired after 60 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Hearing impediment</td>
<td></td>
<td></td>
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<tr>
<td>2.</td>
<td>Vision impairment</td>
<td></td>
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<tr>
<td>3.</td>
<td>Rheumatoid arthritis</td>
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<td>4.</td>
<td>Cardio vascular disorder</td>
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<tr>
<td>5.</td>
<td>Differently abled</td>
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<td>6.</td>
<td>Back problems</td>
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</tr>
</tbody>
</table>

35. When you are sick do you get proper care and support from the Institution and the care givers?
1. Yes  
2. No  
If Yes, In what way?  
1. The residential nurse attends immediately with first aid  
2. They shift me to the hospital  
3. They call a doctor  
4. Some of the Geriatric nurse assists me with medical treatment as directed by the physician.  
5. Any other  

36. Do the doctors come to the Institution?  
1. Yes  
2. No  

37. Where do you go for health check up?  
1. Govt. Doctor  
2. Private Doctor  
3. Home medicine  
4. Quacks  
5. Any other Specify  

38. Who takes you to the doctor?  
1. Residential Nurse  
2. Sister-in-charge  
3. Co- inmate  
4. Friend from inside  
5. Friend from outside  
6. Family members  
7. Any other
39. How often do you go for regular health checkup?
   1. Once in a month
   2. Once in three months
   3. Once in Six months
   4. Once in a year
   5. Not at all

40. Did you have good appetite before entering into this Institution?
   1. Yes 2. No

41. How is your appetite after coming to the institution?
   1. I have good appetite
   2. I have the taste for the food
   3. I do not have any appetite
   4. Nothing to say

42. When you are sick and suffering how are your feelings?
   1. Helpless
   2. Lonely
   3. Blame as it is my fate
   4. Pray
   5. Sleep disturbed
   6. None

VIII. ASSESSMENT OF THE ABILITY TO COPE WITH PROBLEMS AND STRESSES IN THE INSTITUTIONS:

43. When you are hurt by your fellow inmate how do you react?
   1. Keep Quiet
   2. Shout/verbal attack
   3. Fight back
   4. Cry
   5. Go and pray

44. How do you spend your time whenever you feel sad and lonely?
   1. Pray
   2. Sleep
   3. talk to others
   4. Engage in other activities
   5. Any other
45. Did anyone die in the Institution recently? (1 year)
   1. Yes  2. No

46. Do you think of your own death?
   1. Yes  2. No

47. Even when you are with people do you feel lonely any time?
   1. Yes  2. No

48. When you are faced with a simple problem like losing the spectacle do you...
   1. Cope with it
   2. Feel inadequate to solve it
   3. get angry and shout at anyone
   4. Feel helpless
   5. Any other

49. Are you able to communicate openly and assertively about your stress and hurt in order to reduce your stress in the institutions?
   1. Yes  2. No